

Is It So? (愛從未離開) (zh)

COPPER KNOB
BY STEPHEN METZ

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Maggie Gallagher (UK) - 2007年03月
音樂: Say It Isn't So - Gareth Gates : (Album: Go Your Own Way)



前奏 : Intro: 16 counts – (14 sec)

- 第一段** **Rock Back, Recover, 1/2 Turn Left, Rock Back, Recover, 1/2 Turn Right, Triple Full Turn Right, Small Step Left, Cross Walks R, L**
後下沉, 回復, 左轉1/2, 後下沉, 回復, 右轉1/2, 小三步右轉圈, 左一小步, 交叉走步-右, 左
- 1&2 Rock Back On Right, Recover Onto Left, Make 1/2 Turn Left Stepping Back On Right [6] 右足後下沉, 左足回復, 左轉180度右足後踏(6點鐘)
- 3&4 Rock Back On Left, Recover Onto Right, Make 1/2 Turn Right Stepping Back On Left [12] 左足後下沉, 右足回復, 右轉180度左足後踏(12點鐘)
- 5&6 Make Triple Full Turn Right Stepping R,L,R
小三步右轉圈-右, 左, 右
- 8&7,8 Step Slightly Forward On Left, Cross Walk Right Over Left, Cross Walk Left Over Right 左足略前踏, 右足於左足前交叉走, 左足於右足交叉走
- 第二段** **Side Rock, Recover, Right Cross, Back, 1/4 Turn Right, Left Cross, Side, Cross Rock, Recover, Weave Left**
側下沉, 回復, 右交叉, 後, 右轉1/4, 左交叉, 側, 交叉下沉, 回復, 左藤步
- 1&2 Step Right To Right Side Rocking Right, Recover Onto Left, Cross Right Over Left 右足右下沉, 左足回復, 右足於左足前交叉踏
- 3&4 Step Back On Left, Make 1/4 Turn Right Stepping Right To Right Side, [3] Cross Left Over Right
左足後踏, 右轉90度右足右踏(3點鐘), 左足於右足前交叉踏
- 8&5 Step Right To Right Side, Cross Rock Left Over Right
右足右踏, 左足於右足前交叉下沉
- 6& Recover Onto Right, Step Left To Left Side 右足回復, 左足左踏
- 7&8 Cross Right Over Left, Step Left To Left Side, Cross Right Behind Left
右足於左足前交叉踏, 左足左踏, 右足於左足後交叉踏
- 第三段** **Continue Weave, Swivel 1/2 Left, Swivel 1/2 Right With Right Ronde Sweep, Rock Back, Recover, Side Right With Drag, Left Coaster With 1/4 Turn Left, Right Press Forward**
接續藤步, 雙足左轉1/2, 右轉1/2右足旋繞, 後下沉, 回復, 右側拖, 左轉1/4海岸步, 右前
- 8&1 Step Left To Left Side, Cross Right Over Left
左足左踏, 右足於左足前交叉踏
- 2,3 Swivel 1/2 Turn Left (Weight On Left), Swivel 1/2 Turn Right Sweeping Right Behind Left [3] (Weight Still On Left)
雙足左轉180度(重心在左足), 右轉180度右足旋繞至左足後(3點鐘) (重心仍放在左足)
- 4&5 Cross Rock Back On Right, Recover Onto Left, Step Right To Right Side Dragging Left Towards Right 右足後交叉下沉, 左足回復, 右足右踏左足拖向右
- 6&7 Step Back On Left, Make 1/4 Turn Left Stepping Right Next To Left, [12] Step Forward On Left
左足後踏, 左轉90度右足併踏(12點鐘), 左足前踏
- 8 Press Weight Forward Onto Right 右足前踏
- 第四段** **Left Coaster With 1/2 Turn Right, Rocks Fwd, Back, 1/4 Right Stepping Side Into Chasse Right, Together, Side Sways**
左海岸步右轉1/2, 前下沉, 後, 右轉1/4右追步-側, 併, 側擺臀
- 1&2 Step Back On Left, Make 1/2 Turn Right Stepping Right Next To Left, [6] Step Forward On Left
左足後踏, 右轉180度右足併踏(6點鐘), 左足前踏
- 3&4 Rock Forward On Right, Rock Back On Left, Make 1/4 Turn Right Stepping Right To Right Side
右足前下沉, 左足後下沉, 右轉90度右足右踏

&5,6 Step Left Next To Right, Step Right To Right Side, Sway Left [9]
左足併踏, 右足右踏, 左擺臀(9點鐘)

7,8 Sway right, Sway left [9] 右擺臀, 左擺臀(9點鐘)

TAG: 2 count TAG at the END of wall 2. (Facing the Back Wall)
加拍: 第二面牆結束, 面向後面牆時加2拍

1,2 Sway right, Sway left 右擺臀, 左擺臀
