

Saltimbanque

拍數: 80 牆數: 2 級數: Intermediate
編舞者: José Miguel Belloque Vane (NL) & Rémi Lemaire (FR) - July 2015
音樂: Saltimbanque - Keen'V



Note : □ A – B – A – A – B – A – A – B – A – A

PARTIE A – 32 counts

[1-8] STEP – ROCK BACK – STEP – ROCK BACK – VAULTER STEP X4 IN FULL TURN

1 RF to R side
&2 L Rock step backwards
3 LF to L side
&4 R Rock step backwards
5&6 RF to R side with a ¼ turn (5), Recover LF close to RF (&), RF to R side with a ¼ turn (6)
&7&8 Recover LF close to RF (&), RF to R side with a ¼ turn (7), Recover LF close to RF (&), RF to R side with a ¼ turn

[9-16] □ MAMBO FWD – MAMBO BACK – MAMBO L TO L – VAULTER STEP X2 IN ½ TURN

1&2 L Mambo fwd
3&4 R Mambo backwards
5&6 L Mambo to L side (finish with LF fwd)
&7&8 Recover RF close to LF (&), LF to L side with a ¼ turn (7), Recover RF close to LF (&), LF to L side with a ¼ turn (8)

[17-24] CROSS SAMBA X2 – MAMBO FWD WITH ½ TURN – STEP TURN STEP

1&2 Cross RF over LF, LF to L side, RF to R side
3&4 Cross LF over RF, RF to R side, LF to L side
5&6 R Mambo fwd ending with RF fwd with a ½ turn to R
7&8 LF fwd (7), ½ turn to the R (&), LF fwd (8)

[25-32] □ TOUCH STEP FWD (X3) – BODY BUMP – TOUCH STEP FWD (X3) – BODY BUMP

1&2 Touch R to R side, RF fwd, Touch LF to L side
&3&4 LF fwd, Touch R to R side – Bump your chest fwd (&), Bump your chest backwards (4)
&5&6 RF fwd, Touch LF to L side, LF fwd, Touch RF to R side
&7&8 RF fwd, Touch LF to L side, Bump your chest fwd (&), Bump your chest backwards (8)

PARTIE B – 48 counts

[1-8] ARMS MOVEMENT WITH HIP BUMP – SAILOR STEP – TOUCH – UNWIND FULL TURN

1&2&3&4& Swing your hips from R to L on 4 counts & raise your hands & swing them from R to L at the same time (finish with the weight on the LF)
5&6 R Sailor Step
7-8 Point LF behind RF & make a full turn to the L

[9-16] □ SIDE ROCK – BEHIND SIDE CROSS – OUT OUT – COASTER STEP

1-2 R Rock Step to R side
3&4 Cross RF behind LF, LF to L side, Cross RF over LF
5-6 LF to L side (but a little bit fwd), RF to R side (but a little bit fwd)
7&8 L Coaster Step backwards

[17-24] ARMS MOVEMENT WITH HIP BUMP – SAILOR STEP – TOUCH – UNWIND FULL TURN

1&2&3&4 Swing your hips from R to L on 4 counts & raise your hands & swing them from R to L at the same time (finish with the weight on the RF)
5&6 L Sailor Step

7-8 Point RF behind LF & make a full turn to the R

[25-32] □ SIDE ROCK – BEHIND SIDE CROSS – OUT OUT – COASTER STEP

1-2 L Rock Step to L side

3&4 Cross LF behind RF, RF to R side, Cross LF over RF

5-6 RF to R side (but a little bit fwd), LF to L side (but a little bit fwd)

7&8 R Coaster Step backwards

[33-40] □ STEP AND SHAKE X4

1&2 LF fwd & move your hips back & forth at the same time

3&4 RF fwd & move your hips back & forth at the same time

5&6 LF fwd & move your hips back & forth at the same time

7&8 RF fwd & move your hips back & forth at the same time

[41-48] □ SHAKE 4 COUNT – HOLD 4 COUNT

1&2&3&4 Move your hips back & forth

5-8 4-count break

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