

Le chant des sirènes

COPPERKNOB
STEPPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
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音樂: Le chant des sirènes - Fréro Delavega



Anticlockwise

Restart□: 4th wall after 16 counts

FLICK & ROCK X2 JAZZBOX, TURN 2X ½ TURN R

& RF Flick R
1 RF Rock over LF
& LF Recover weight
2 LF Step R
& LF Flick L
3 LF Rock over RF
& RF Recover weight
4 LF Step L
5 RF Cross over LF
6 LF Step Backward
7 RF Turn ½ Turn R Step forward
8 LF Turn ½ Turn R Step Backwards

¼ TURN R WEAVE 2X KNEE BOUNCE, VINE ¼ TURN L

& RF□Turn ¼ R Step R (03.00)
1 LF□Cross over RF
2 LF□Hold
& RF□Step R
3 LF□Step Behind RF
& RF□Step R
4 LF□Cross overRF
& RF□Step R Pop knee(Lift your heel)
5 RF□Touch heel to floor
& RF□Pop knee(Lift your heel)
6 RF□Touch heel to floor
7 RF □Step behind LF
& LF□¼ Turn L Step forward (12.00)
8 RF□Step forward

LOCK TURN ¾ R,SWEEP SAILORSTEP, CROSS STEP ½ TURN L CHASSÉ L

& LF□Step forward
1 RF□Lock behind LF
2 RF□Hold
3 RF□Turn ¾ R (09.00)
& RF□Sweep front to back
4 RF□Step diagonally behind LF
& LF□Step together
5 RF□Step R
6 LF□Cross over RF
7 RF □Turn ¼ L Step backwards
8 LF□Turn ¼ L Step L (03.00)
& RF□Step together

CROSS TURN R SWEEP SAILORSTEP DIRTYDANCING MOVE CHANGE WEIGHT R TO L

- 1 LF □ Step R
- 2 RF □ Cross over LF
- 3 LF □ Step ¼ R backwards
- & RF □ Sweep from front to back
- 4 RF □ Step ¼ R Step backwards □ (09.00)
- & LF □ Step together
- 5 RF □ Step Forward
- 6 LF □ Big step diagonally L on ball of Foot, Bend both knees
- 7 LF □ Push weight from LF center
- 8 LF □ Finish with weight on LF

Restart: After 4th wall finish on count 15 and hold count 16 on RF to start again on your LF □

Enjoy!

Last Update - 6th Aug 2015
