

Don't Make Me Suffer

COPPER **KNOB**
STEPPERS

拍數: 96 牆數: 2 級數: Advanced waltz
編舞者: José Miguel Belloque Vane (NL), Sebastiaan Holtland (NL) & Roy Verdonk (NL) - August 2015
音樂: Suffer - Charlie Puth : (EP: Some Type of Love 2015)



Introduction: 24 counts, start on vocal approx. 8 sec. (No Tags Or Restarts)

Part I. 1-6: Sways L-R.

- 1-3 Sway L to L over 3 counts.
- 4-6 Sway R to R over 3 counts. (12:00)

PART II. 7-12: ¼ L, Step, ½ L, Back, Back, R Big Step Back, Drag, Hold (2X).

- 1-3 Making 1/4 turn L stepping L forward, making 1/2 turn L stepping R back , stepping L back. (3:00)
- 4-6 Stepping R big back, drag L over 2 counts.

PART III. 13-18: Back Rock, Recover, Hold.

- 1-3 Step L back over 3 counts.
- 4-6 Recover back onto R over 3 counts.

PART IV. 19-24: Full Turn L (travelling fwd), Check Fwd, Hold 2x.

- 1-3 Step L forward, making 1/2 turn L stepping R back, making 1/2 turn L stepping L forward (3.00)
- 4-6 Check R forward over 3 counts.

PART V. 25-30: Replace, Sweep R, Sailor R.

- 1-3 Step L back in place slightly back, sweeping R from front to back over 3 counts.
- 4-6 Step R behind L, step L to L, step R to R. (3:00)

Part VI. 31-36: Replace, Sweep R, Behind, Side, Cross.

- 1-3 Step L back in place slightly behind R, sweeping R from front to back over 3 counts.
- 4-6 Step R behind L, step L to L, step R across L.

PART VII. 37-42: Sways L-R.

- 1-3 Sway L to L over 3 counts.
- 4-6 Sway R to R over 3 counts. (3:00)

PART VIII. 43-48: Twinkle ½ Turn L, Twinkle 5/8 Turn R.

- 1-3 Step L across forward R, making 1/4 turn L stepping Rf back, making 1/4 turn L stepping L to L. (9.00)
- 4-6 Step R across forward L, making 1/4 turn R stepping L back, making 1/4 turn R stepping R to right squaring up to (4.30).

PART IX. 49-54: Check Fwd, Hold (2X), Back (3X).

- 1-3 Check L forward over 3 counts (4.30 o'clock).
- 4-6 Stepping R back, stepping L back, stepping R back.

PART X. 55-60: 1/2 L, 1/2 L, Back L, Back R, 1/2 turn L, Step Forward R

- 1-3 Making 1/2 turn L stepping L forward (10.30), making ½ turn L stepping Rf back (4.30), step L back.
- 4-6 Step R back, making ½ turn L stepping Lf forward (10.30), step R forward.

PART XI. 61-66: Check Fwd, Hold (2x), Recover Hold (2X).

- 1-3 Check L forward over 3 counts,
4-6 Recover back onto R over 3 counts.

PART XII. 67-72: Step, Sweep 3/8 Turn L, Cross Sailor Step R (travelling Fwd).

- 1-3 Step L forward, start sweeping R from back to front starting 3/8 turn left, finish turn and sweep squaring up to (6.00)
4-6 Step R across L, step L to L, step R to R (slightly moving forward).

PART XIII. 73-78: Step, Sweep 3/8 Turn R, Cross Sailor Step R.

- 1-3 Step L forward, start sweeping R from back to front, finish sweep (6.00)
4-6 Step R across in front of L, make 3/8 turn right stepping L to L, step R to R squaring up to (10.30).

PART XIV. 79-84: Step, Hold (2X), Touch (2X).

- 1-3 Step L forward over 3 counts.
4-6 Touch R next to L, Hold for 2 counts. (10.30)

PART XV. 85-90: Twinkle Back R, Twinkle Back L (On Diagonal)

- 1-3 Cross R behind L, step L to L, making ¼ turn L stepping R back.
4-6 Cross L behind R, Rf step R to R, making ¼ turn R stepping L back.

PART XVI. 91-96: Back R, 1/2 Turn L, Hold, 7/8 Platform Turn L.

- 1-3 Rf step back, making ½ turn L on R over 2 counts. (4.30)
4-6 Step L forward, close R next to L, making 7/8 turn L on spot squaring up to (6:00).

REPEAT DANCE AND HAVE FUN!!!

Dance Edit: Email: jose_nl@hotmail.com, smooth dancer79@hotmail.com , royverdonkdancers@gmail.com
