

Nothing's Gonna Stop Me

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Easy Improver
編舞者: Rene & Reg Mileham (UK) - July 2015
音樂: I'll Be There (If Ever You Want Me) - John Fogerty : (CD: The Blue Ridge Rangers Rides Again)



Music Style: Country 32 count intro (start on the word 'Chains') 155 bpm

Section 1 Kick, kick, turn, touch, toe strut, toe strut

1 – 2 2 small kicks forward with Right foot
3 – 4 Step Right to right side turning ¼ right, touch Left to Right 3.00
5 – 6 Left toe strut, drop heel
7 – 8 Right toe strut, drop heel

Section 2 Cross rock, recover, side chasse. 4 heel bounces making ¼ turn left

1 – 2 Cross Left over Right, recover onto Right
3 & 4 Step Left to left side, close Right to Left, step Left to left side
5-6-7-8 4 Heel bounces making ¼ left (weight on Left) 12.00

Section 3 Diagonal steps touches, Forward and back (with claps)

1 – 2 Step Right forward on right diagonal, touch Left beside Right with clap
3 – 4 Step Left back on left diagonal, touch Right beside Left with clap
5 – 6 Step Right back on right diagonal, touch Left beside Right with clap
7 – 8 Step Left forward on left diagonal, touch Right beside Left with clap

Section 4 Side, hold, rock back, recover with ¼ turn. Side, hold, rock back, recover

1 – 2 Rock Right to right side, hold
3 – 4 Rock back on left, recover onto Right making ¼ turn right 3.00
5 – 6 Rock Left to left side, hold
7 – 8 Rock Right back, recover onto Left
