

# I Got The Recipe

拍數: 32                      牆數: 4                      級數: High Beginner  
編舞者: Nathan Gardiner (SCO) - July 2015  
音樂: Black Magic - Little Mix



Intro: 16 counts

## **KICK & POINT, KICK & POINT, ROCK FORWARD, RECOVER, COASTER STEP**

1&2                      Kick right foot forward, Step right back in place, Point left toes out to left side  
3&4                      Kick left foot forward, Step left back in place, Point right toes out to right side  
5-6                      Rock forward on right, Recover on left  
7&8                      Step back on right, Step left next to right, Step forward on right

## **KICK & POINT, KICK & POINT, ROCK FORWARD, RECOVER, COASTER STEP**

1&2                      Kick left foot forward, Step left back in place, Point right toes out to right side  
3&4                      Kick right foot forward, Step right back in place, Point left toes out to left side  
5-6                      Rock forward on left, Recover on right  
7&8                      Step back on left, Step right next to left, Step forward on left

## **ROCKING CHAIR, STEP 1/4 LEFT, CROSS SHUFFLE**

1-2                      Rock forward on right, Recover on left  
3-4                      Rock back on right, Recover on left  
5-6                      Step forward on right, Turn 1/4 left  
7&8                      Cross step right over left, Step left to left side, Cross step right over left

## **TURN 1/4 RIGHT X2, CROSS ROCK, RECOVER, STEP LEFT, HOLD, BALL STEP, TOUCH**

1-2                      Turn 1/4 right stepping back on left, Turn 1/4 right stepping right to right side  
3-4                      Cross rock left over right, Recover on right  
5-6                      Step left to left side, HOLD  
&7-8                      Step ball of right next to left, Step left to left side, Touch right toes next to left

**Tags: End of walls 2 & 5**

## **OUT, OUT, IN, IN, ROCKING CHAIR**

1-2                      Step right out to right diagonal, Step left out to left diagonal  
3-4                      Step right back to centre, Step left next to right  
5-6                      Rock forward on right, Recover on left  
7-8                      Rock back on right, Recover on left

Hope You Enjoy.....Happy Dancing

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