

My Cherie Amour

COPPER KNOB
STEPSHEETS

拍數: 96
牆數: 1
編舞者: Gilbert Vianzon (USA) - July 2015
音樂: My Chérie Amour - Boney M.

級數: Phrased Easy Intermediate



This dance has 2 parts: PART A & PART B - SEQUENCE: ABABABABAB

Start after 8 counts

PART A: 32 Counts

Section A1: 16 counts

Step, Cross, Chasse R, 1/2 turn ,Step, Cross, Chasse L, Step, Cross, Chasse R 1/2 turn ,Step, Cross ,Chasse L

- 1 - 2 Step R foot to side, cross L foot over R
- 3 & 4 Step R foot to side, step L foot together with R, R 1/4 turn stepping R foot forward
- 5 - 6 R 1/4 turn stepping L foot to side, cross R foot over L
- 7 & 8 L chasse (step L foot to side, step R foot together with L, step L foot to side)
- 9-10 Step R foot to side, cross L foot over R
- 11&12 Step R foot to side, step L foot together with R, R 1/4 turn stepping R foot forward
- 13 -14 Make another R 1/4 turn stepping L foot to side, cross R foot over L
- 15 &16 L chasse (step L foot to L side, R foot together with L, step L foot to side)

Section A2: 16 Counts.

Hip Bumps & L 1/4 Turns

- 17 - 18 Step R to R side, make a R hip bump, pointing L toes diagonally out
- 19 - 20 Step L to L side, making a L hip bump. 1/4 turn L as you point R toes diagonally out (0900)
- 21 -22 Turning 1/4 L (0600), step R to side, make R hip bump pointing L toes diagonally out
- 23 -24 Step L to side, doing a L hip bump. point R toes diagonally out (0600)
- 25 -26 Turn 1/4 L as you step R to side. Do R hip bump. Point L toes diagonally out (0300)
- 27 -28 Step L to side, do a L hip bump, point R toes diagonally out (0300)
- 29 30 1/4 turn L, stepping R to side. Do R hip bump, pointing L toes diagonally out (1200)
- 31-32 Step L to side, do hip bump L, point R toes diagonally out.

PART B: 64 COUNTS

Section B1: 8 Counts of Samba Bota Fogos, R & L

- 1-a-2 [R Samba] Step R across L, Step ball of L foot to L .Step R in place
- 3-a-4 [L Samba] Step L across R. Step ball of R foot to R, Step L in place
- 5-a-6 Repeat steps 1-a-2
- 7-a-8 Repeat steps 3-a-4

Section B2: 8 Counts of Traveling Voltas, bota fogo break

- 1-a Step R across L, Step L toe to side (1200)
- 2-a Step R across L, Step L toe to L side
- 3-a Step R across L, Step L toe to L side
- 4 Step R across L
- 5-a 1/2 turn L (0600) stepping L across R, step R toe to R
- 6-a Step L across R, step R toe to R
- 7-a-8 Step L across R, step ball of R foot to R side ,rocking slightly to R, recover weight on L foot (Bota Fogo break)

Section B3: 8 Counts (Same steps as Section 1 - only now you are facing 0600)

Section B4: 8 Counts (Same steps as Section 2 - only now you are facing 0600 and will end up at 1200)

Section B5: 8 Counts ..Forward, cross, back shuffles, forward, cross, back shuffles

- 1-2 Step R foot forward, cross L foot over R foot,
3&4 Step R foot back, step L foot together with R, step R foot back
5-6 Step L foot forward, cross R over L
7&8 Step L foot back, step R foot together with L, step L foot back

Section B6: 8 Counts - Back shuffles R,L,R,L

- 1&2 Step R foot back, L foot together with R, step R foot back
3&4 Step L foot back, R foot together with L, step L foot back
5&6 Step R foot back, L foot together with R, step R foot back
7&8 Step L foot back, R foot together with L, step L foot back

Section B7: 8 Counts - Walk - Around...shuffles

- 1-2 1/4 turn R walk (R), walk (L) (0300)
3&4 1/4 turn R, R forward shuffle (0600)
5-6 1/4 turn R as you walk L, R ((0900)
7&8 1/4 Turn R as you do a L shuffle forward (1200)

Section: B8: 8 Counts..R Full Turn Cha Cha, Together...L Full Turn Cha Cha Together

- 1-4 1/4 turn R stepping R foot forward, 1/4 turn R stepping L foot to L side (0600), 1/2 turn R stepping R foot to R side (1200), bring L foot beside R
5-8 1/4 turn L stepping L foot forward, 1/4 turn L stepping R foot to side. Turn 1/2 L stepping L foot to L side, bring R foot beside L.

START OVER

ENDING: The dance will end @ 0600. After count 6 of Section 3 (Part B), cross L foot over R and make a 1/2 turn R to face 1200. The End.

Hope this helps. Enjoy

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Last updated 7/26/2015
