

Crash and Burn

拍數: 32 牆數: 2 級數: Improver
編舞者: Sarah Kemp (USA) - July 2015
音樂: Crash and Burn - Thomas Rhett



No Tags or Restarts

[1-8]□(12:00)Rt- Toe In, Out, Flick, Back Coaster Step, Lt Toe In , Out, Flick.

1, 2, 3 Rt toe touch in(turn knee to Lt), out (turn knee to Rt), flick forward.
4&5 Step back on Rt, Lt next to Rt, step Rt forward.
6, 7, 8 Lt- Toe in(turn knee to Rt), out (turn knee to Lt), flick forward.

[9-16]□□(12:00) Hop back, forward, Side Rock Cross, Side Rock ¼ (03:00).

& 1-2 Hop back on Lt (&) Bring Rt together (1) hold for 2
& 3-4 Hop forward Lt(&), Rt next to Lt (3) hold for 4
5&6 Step Rt to Rt, rock Lt behind Rt ,cross Rt over Lt
7&8 Step Lt to Lt, (1/4 turn to 03:00) rock Rt behind Lt, step Lt forward

[17-24]□(12:00)Walk R, L, Shuffle R-L-R, Rock, Replace, Shuffle L-R-L

1, 2 (Weight is on the Lt) Walk forward R, L.
3&4 Step Rt forward, step Lt foot to Rt heal, step Rt forward.
5, 6 Rock forward on Lt replace weight to Rt.
7&8 Step Lt back, step Rt foot to Lt toe, step Lt back.

[25-32]□¼(06:00) hold, (syncopated) Chasse Rt, Sailor Rt, Sailor Lt

1,2 ¼ turn stepping back on Rt (facing 06:00 for 1, hold for 2).
& 3,4 (&) step Lt foot next to Rt foot, (3) step Rt foot to Rt side□(hold for 4)
5&6 Step Rt behind Lt, (&) step Lt foot next to Rt (2) step Rt foot to Rt side.
7&8 Step Lt behind Rt, (&) step Rt foot next to Lt (2) step Lt foot to Lt side.

Enjoy,

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Pseudoracer@gmail.com

<https://www.facebook.com/pseudoracer>.