

Walking Back To Happiness

COPPER KNOB
BY STEPHEN

拍數: 34 牆數: 4 級數: Improver
編舞者: Hayley Wheatley (UK) - July 2015
音樂: Walkin' Back to Happiness - Helen Shapiro



Intro:- 4 Counts after beat kicks in. - Start on word "walking"

Restarts on walls 3 (facing 6:00) and 5 (facing 9:00) after count 28

WALK, WALK, ¼ TURN SIDE SHUFFLE, WALK ¼ TURN, WALK, ¼ TURN SIDE SHUFFLE

- 1-2 Walk forward on right foot, walk forward on left foot
3&4 While making ¼ turn left step right foot to right side, step left foot beside right, step right foot to right side
5-6 Swivel ¼ turn right on right foot while walking forward on left foot, walk forward on right foot (12:00)
7&8 While making ¼ turn right step left foot to left side, step right foot beside left, step left foot to left side (3:00)

JAZZ BOX, CHASSE RIGHT, CROSS ROCK, RECOVER, STEP SIDE

- 1-2 Cross right foot over left, step back on left foot,
3-4 Step right foot to right side, cross left foot over right
5&6 Step right foot to right side, step left foot next to right, step right foot to right side
7&8 Cross rock left foot over right, recover onto right foot, step left foot to left side

CROSS STRUT, SIDE STRUT, CROSS, BACK, STEP ¼ TURN, HIP BUMPS, MAMBO FORWARD

- 1 &2& Step right toe across left, drop right heel taking weight, touch left toe to left side, drop left heel taking weight
3&4 Cross right foot over left, step back on left foot, make ¼ turn right stepping forward onto right foot (6:00)
5&6 Step forward onto left foot while bumping hips forward, bump hips to the right, bump hips to the left
7&8 Rock forward on right foot, recover onto left foot, step back onto right foot

MAMBO BACK, STEP PIVOT ½ TURN, FORWARD COASTER STEP, TURNING COASTER STEP, HEEL, TOE

- 1&2 Rock back on left foot, recover onto right foot, step forward on left foot
3-4 Step forward on right foot, pivot ½ turn left (12:00) Restart here on walls 3 and 5
5&6 Step forward on right foot, step left foot next to right, step back on right foot
7&8 Making ¼ turn right step back on left foot, step right foot next to left, step forward on left foot
9-10 Touch right heel forward, touch right toe back

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