

Lovin' Arms

COPPER KNOB
BY SHEETS

拍數: 28 牆數: 2 級數: Intermediate
編舞者: Paul Dornstedt (USA) & Shelly Zimmerman (USA) - July 2015
音樂: Loving Arms - Elvis Presley



Lead in 16 cts.

[1 – 8] □ SIDE, ROCK-RECOVER-1/4 LEFT, CROSS-SIDE-BEHIND, BEHIND-1/4 RIGHT-FORWARD, FORWARD-1/2 LEFT-FORWARD

- 1 Step right side right,
2 & 3 Rock left behind right, recover weight on right, turn 1/4 left and step forward on left while sweeping right □ (9:00)
4 & 5 Cross right over left, step left side left, cross right behind left while sweeping left front to back
6 & 7 Cross left behind right, turn 1/4 right and step forward on right, step forward on left □ □ □ (12:00)
8 & 1 Step forward on right, turn 1/2 left and step on left, step forward on right □ □ □ □ (6:00)

[9 -16] □ ANCHOR STEP, 3/4 RIGHT SAILOR TURN ROCK, RECOVER-1/8 RIGHT SIDE-FORWARD, CROSS-BACK-1/8 RIGHT SIDE

- 2 & 3 Step left behind right, step right in place, step back on left sweeping right from front to back starting right turn
4 & Continue turning and cross right behind left (9:00), turn 1/4 right and take a short step back on left □ □ (12:00)
5 Turn 1/4 right cross rocking right over left □ (3:00)
6 & 7 Recover weight back on left, turn 1/8 right and step right towards (4:30), step left side left (facing 4:30) □ (4:30)
8 & 1 Cross right over left, step back on left, turn 1/8 right and step right side right (6:00)

[17 – 24] □ BEHIND-SIDE-CROSS ROCK, RECOVER-SIDE-CROSS ROCK, RECOVER-1/2 RIGHT-1/2 RIGHT, MAMBO STEP

- 2 & 3 Cross left behind right, step right side right, cross rock left over right
4 & 5 Recover weight on right, step left side left, cross-rock right over left
6 & 7 Recover weight on left, turn 1/2 right and step forward on right, turn 1/2 right and step back on left □ □ (6:00)
8 & 1 Rock back on right, recover weight forward on left, step forward on right

[25 – 28] □ CROSS ROCK-RECOVER-SIDE-TOUCH-SIDE-TOGETHER

- 2&3& Cross-rock left over right, recover weight back on right, step left side left, touch right next to left
4& Step right side right, step left next to right

REPEAT

RESTART: During 4th wall (instrumental) dance 16 counts and Restart.
Fourth wall starts on the back wall, Restart facing front wall.

ENDING: (optional) Last rotation (instrumental) starts on front wall.

[17 – 24] □ BEHIND-SIDE-CROSS ROCK, RECOVER-SIDE-CROSS ROCK, RECOVER-1/2 RIGHT-1/2 RIGHT, 1/2 RIGHT SHUFFLE

- 2 & 3 Cross left behind right, step right side right, cross rock left over right
4 & 5 Recover weight on right, step left side left, cross-rock right over left
6 & 7 Recover weight on left, turn 1/2 right and step forward on right, turn 1/2 right and step back on left □ □ (6:00)
8 Shuffle 1/2 right, right left right

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