

Oklahoma Wind (故鄉的風) (zh)

COPPER KNOB
STEPPERS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Gaye Teather (UK) - 2008年01月
音樂: Does the Wind Still Blow In Oklahoma - Reba McEntire & Ronnie Dunn



前奏: 32 count intro 32拍後起跳

第一段 Skate Right. Skate Left. Shuffle. Step. Pivot half turn Right. Walk Left. Right 右滑冰, 左滑冰, 交換步, 踏右轉1/2. 走步 左, 右

1-2 Skate Skate
Skate 右足前滑冰步, 左足前滑冰步
skate

3&4 前交換 Step forward on Right. Step Left beside Right. Step forward on Right
換 右足前踏, 左足併踏, 右足前踏

5-6 踏轉 Step forward on Left. Pivot half turn Right (Facing 6 o'clock)
左足前踏, 右轉180度(面向6點鐘)

7-8 走走 Walk forward Left. Right 走步 左, 右

第二段 Skate Left. Skate Right. Shuffle. Step. Pivot half turn Left. Step. Pivot quarter turn Left 左滑冰步, 右滑冰步, 交換, 踏, 左轉1/2, 踏, 左轉1/4

1-2 Skate Skate
Skate 左足前滑冰步, 右足前滑冰步
skate

3&4 前交換 Step forward on Left. Step Right beside Left. Step forward on Left
換 左足前踏, 右足併踏, 左足前踏

5-6 踏轉 Step forward on Right. Pivot half turn Left
右足前踏, 左轉180度

7-8 踏90 Step forward on Right. Pivot quarter turn Left (Facing 9 o'clock)
右足前踏, 左轉90度(面向9點鐘)

第三段 Cross rock. Chasse Right. Weave Right 交叉下沉, 右追步, 右藤步

1-2 交叉下沉 Cross rock Right over Left. Recover onto Left
右足於左足前交叉下沉, 左足回復

3&4 右追步 Step Right to Right. Step Left beside Right. Step Right to Right
步 右足右踏, 左足併踏, 右足右踏

5-8 右藤步 Cross Left over Right. Step Right to Right. Cross Left behind Right. Step Right to Right
步 左足於右足前交叉踏, 右足右踏, 左足於右足前交叉踏, 右足右踏

第四段 Cross rock. Chasse Left. Cross. Quarter turn Right x 2. Cross 交叉下沉, 左追步, 交叉, 右轉1/4二次, 交叉

1-2 交叉下沉 Cross rock Left over Right. Recover onto Right
左足於右足前交叉下沉, 右足回復

3&4 左追步 Step Left to Left. Step Right beside Left. Step Left to Left
步 左足左踏, 右足併踏, 左足左踏

5-6 交叉 右90 Cross Right over Left. Quarter turn Right stepping back on Left
右足於左足前交叉踏, 右轉90度左足後踏

7-8 右90 交叉 Quarter turn Right stepping Right to Right side. Cross Left over Right (Facing 3 o'clock)
右轉90度右足右踏, 左足於右足前交叉踏(面向3點鐘)

- 第五段 Side rock. Sailor step. Quarter turn Left. Back rock. full turn Right (travelling forward) 側下沉, 水手步, 左轉1/4, 後下沉, 右前轉圈**
- 1-2 右下沉回復 Rock Right to Right side. Recover onto Left
右足右下沉, 左足回復
- 3&4 水手步 Cross Right behind Left. Step Left to Left. Step Right to Right
右足於左足後交叉踏, 左足左踏, 右足右踏
- 5-6 90後下沉 Quarter turn Left rocking back on Left. Recover onto Right
左轉90度左足後下沉, 右足回復
- 7-8 轉轉 Half turn Right stepping back on Left. Half turn Right stepping forward on Right (Facing 12 o'clock)
右轉180度左足後踏, 右轉180度右足前踏(面向12點鐘)
Option: Steps 7 – 8 can be replaced with two walks forward, Left. Right 簡易版: 走步 左, 右
- 第六段 Step. Touch. Shuffle back. Half turn Left. Ronde quarter turn Left. Cross. Point 踏, 點, 後交換, 左轉1/2, 左旋繞1/4, 交叉, 點**
- 1-2 踏後點 Step forward on Left. Touch Right toe behind Left heel
左足前踏, 右足趾於左足踵後點
- 3&4 後交換 Step back on Right. Step Left beside Right. Step back on Right
右足後踏, 左足併踏, 右足後踏
- 5-6 轉繞 Half turn Left stepping forward on Left. Sweep Right out and around making quarter turn Left on ball of Left (Facing 3 o'clock)
左轉180度左足前踏, 右足旋繞
- 7-8 交叉左點 Cross Right over Left. Point Left to Left side
右足於左足前交叉踏, 左足左點
- 第七段 Behind. Sweep. Sailor step. Back rock. Chasse Left 後, 繞, 水手步, 後下沉, 左追步**
- 1-2 後交叉繞 Cross step Left behind Right. Sweep Right out and around in clockwise motion 左足於右足後交叉踏, 右足順時針繞至後
- 3&4 水手步 Cross Right behind Left. Step Left to Left. Step Right to Right
右足於左足後交叉踏, 左足左踏, 右足右踏
- 5-6 後下沉回復 Rock back Left behind Right. Recover onto Right
左足於右足後下沉, 右足回復
- 7&8 左追步 Step Left to Left. Step Right beside Left. Step Left to Left
左足左踏, 右足併踏, 左足左踏
- 第八段 Cross rock. Chasse quarter turn Right. Forward rock. Coaster step 交叉下沉, 追步右1/4, 前下沉, 海岸步**
- 1-2 交叉下沉 Cross rock Right over Left. Recover onto Left
右足於左足前交叉下沉, 左足回復
- 3&4 追步轉 Step Right to Right. Step Left beside Right. Quarter turn Right stepping forward on Right (Facing 6 o'clock)
右足右踏, 左足併踏, 右轉90度右足前踏(面向6點鐘)
- 5-6 下沉回復 Rock forward on Left. Recover onto Right
左足前下沉, 右足回復
- 7&8 海岸步 Step back on Left. Step Right beside Left. Step forward on Left
左足後踏, 右足併踏, 左足前踏
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