

Contigo

拍數: 64 牆數: 4 級數: Low Intermediate - Bachata
編舞者: Partyfor2 (ES) - July 2015
音樂: Contigo (feat. Gianmarco) - Rosana : (CD: 9 Lunas - 2014)



Intro: 20 counts

S1: BACHATA BASIC LEFT & RIGHT

1-2 Step left to right side, step right together
3-4 Step left to side, touch right together (optionally rise right hip)
5-6 Step right to right side, step left together
7-8 Step right to right side, touch left together (optionally rise left hip)

S2: SIDE STEP L, CROSS OVER R, SIDE STEP L, POINT R, SIDE STEP R, CROSS OVER L, SIDE STEP R, POINT L

9-10 Step left to left side, cross right over left
11-12 Step left to left side, point right to right diagonal
13-14 Step right to right side, cross left over right
15-16 Step right to right side, point left to left diagonal

S3: ROLLIN' GRAPEVINE LEFT & HOOK, HIP OSCILATIONS & HOOK

17-18 Turn $\frac{1}{4}$ to left and step left forward, turn $\frac{1}{2}$ to left and step left back
19-20 Turn $\frac{1}{4}$ to left and step left to left side, hook right behind left (12:00)
21-22 Step right to right side swaying hips right, sway hips left
23-24 Sway hips right, hook left behind right

S4: RUMBA BOX WITH HOOK & KICK

25-26 Step left to left side, step right together
27-28 Step left forward, hook right behind left
29-30 Step right to right side, step left together
31-32 Step right back, kick left forward

S5: SLOW MAMBO ROCK BACK (L), ROCK FWD R, SHUFFLE WITH $\frac{1}{2}$ TURN RIGHT

33-34 Rock left back, recover to right
35-36 Step left together, hold
37-38 Rock right forward, recover to left
39&40 Turn $\frac{1}{4}$ to right and step right to right side, step left together, turn $\frac{1}{4}$ to right and step right forward (06:00)

S6: CROSS, SIDE, BEHIND, SWEEP (R), BEHIND, SIDE, CROSS, HITCH(L)

41-42 Cross left over right, step right to right side
43-44 Cross left behind right, sweep right out and around from front to back
45-46 Cross right behind left, step left to side
47-48 Cross right over left, hitch left

S7: SIDE, TOGETHER, COASTER CROSS(L), SIDE, TOGETHER, COASTER CROSS(R)

49-50 Step left to left side, step right together
51&52 Step left back, step right together, cross left over right
53-54 Step right to right side, step left together
55&56 Step right back, step left together, cross right over left

S8: BACHATA BASIC FWD(L), STEPS BACK RIGHT & LEFT, TURN $\frac{1}{4}$ RIGHT SIDE STEP(R), SLIDE(L)

57-58 Steps forward: left, right

59-60 Step left forward, touch left together
61-62 Steps back: right, left
63-64 Turn $\frac{1}{4}$ to right and long step right to right side, slide left towards right (weight on right)(09:00)

REPEAT

FREEZE & RESTART

On wall 6 (09:00) after count 48 (03:00) you can freeze or do slow hip movements from time 03:02 to time 03:11 and Restart again.
