

Strip No More

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Annette Lapp (DK) - July 2015
音樂: Strip No More - Lukas Graham : (Album: Lukas Graham - Blue Album - iTunes)



Intro: 40 count (start after the word: too)

Side, Touch, Side Touch, Step Back, Sit and Up x 2,

- 1 – 2 Step right to right side, touch left beside right
- 3 – 4 Step left to left side, touch right beside left
- 5 – 6 Step right back, bend knees (sit down)
- 7 – 8 Stand upright (raise up), bend knees (sit down)
- 1 Stand upright (raise up)

Point Right, Cross Right, Point Left, Jazz Box ¼ Turn Left, Cross

- 2 Point Right to right side
- 3 – 4 Cross right in front of left, point left to left side
- 5 – 6 Cross left in front of right, step right back
- 7 – 8 Turn ¼ left stepping left to left side, cross right in front of left

Rumba Box

- 1 – 2 Step left to left side, step right beside left
- 3 – 4 Step left forward, hold
- 5 – 6 Step right to right side, step left beside right
- 7 – 8 Step right back, hold

Lock Step Back, ½ Turn Right, Run Left, Right, Left, Touch

- 1 – 2 Step left back, lock right in front of left
- 3 – 4 Step left back, turn ½ to the right stepping right forward
- 5 – 6 Run left forward, run right forward
- 7 – 8 Run Left forward, touch right beside left

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