

拍數: 32 編數: Improver Cha Cha

編舞者: Christina Yang (KOR) - July 2015

音樂: Tragedia - Marc Anthony



Start the dance after 32 counts.

SECTION 1: SIDE, BACK ROCK, RECOVER, SIDE CHASSE, CLOSE, STEP, SIDE STEP, BACKWARD ROCK, RECOVER, SIDE STEP

1-3 LF side , RF backward rock, LF recover4&5 RF side, LF closed to RF, RF side

6&7 LF closed to RF, RF short step to R, LF side step

8&1 RF backward rock, LF recover, RF side step(weight on RF)

SECTION 2: DIAGONAL CROSS FORWARD KICK, SIDE POINT, TOE SWIVEL TO R/L/R, IN PLACE, CROSS FORWARD ROCK, RECOVER, SIDE CHASSE

2-3 LF diagonal cross forward kick to R side, LF side point to L side (L knee & ankle move to L

side)

4&5 Both toe swivel to R, swivel to L, swivel to R(weight on LF and RF point to R side)

6-7& RF in place, LF cross forward rock, RF recover 8&1 LF side step, RF closed to LF, LF side step

SECTION 3: CROSS FORWARD ROCK, RECOVER, 1/4 SIDE CHASSE TURN TO R, FORWARD ROCK, RECOVER, COASTER STEP

2-3 RF backward rock, LF recover

4&5 RF side step, LF closed to RF, 1/4 turn to R with RF forward

6-7 LF forward rock, RF recover

8&1 LF backward, RF closed to LF, LF forward

SECTION 4: FORWARD ROCK, RECOVER, 1/4 TURN TO R WITH SAILOR STEP, CROSS ROCK, RECOVER, 1/4 TURN TO L WITH RONDE CHASSE

2-3 RF forward rock, LF recover and 1/4 turn to R with sweep 4&5 RF backward, LF closed to RF and RF diagonal forward LF cross rock, RF recover and 1/4 turn to L with sweep

8& LF backward, RF short step to side

No Tag, No Restart

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http://www.youtube.com/user/thetrianglelinedance

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Last Update: 3 Sep 2024