

The Farm

拍數: 64 牆數: 4 級數: Improver
編舞者: Mick Harris (UK) - July 2015
音樂: Where a Farm Used to Be - Gord Bamford : (Album: Country Junkie)



Start: 32 beats in on vocal.

S1: Walk, walk, shuffle, rock, recover, coaster step.

1-2 walk fwd. R,L.
3&4 step fwd. on R, step L next to R, step fwd. R.
5-6 step fwd. and rock onto L, recover on R.
7&8 step back on L, step R next to L, step fwd. on L.

S2: Side step, rock behind, recover. x 2. ¼ turn L, ½ turn L, shuffle fwd.

1-2 & step R to R side, rock L behind R, recover on R.
3-4& step L to L side, rock R behind L, recover on L.
5-6 turn ¼ L stepping back on R, turn ½ L stepping fwd on L.
7&8 step fwd on R, step L next to R, step fwd on R. (3.00)

S3: Rock, recover , coaster step, rock fwd on R, recover, turn ¼ side chasse.

1-2 rock fwd on L, recover on R.
3&4 step back on L, step R next to L, step fwd on L.
5-6 rock fwd on R, recover on L.
7&8 turning ¼ R step R to R side, step L next to R, step R to R side. □ (6.00)

S4: Cross, unwind, shuffle, step pivot, walk, walk.

1-2 step L across R, unwind ½ R.
3&4 step fwd on L, step R next to L, step fwd on L.
5-6 step fwd on R, pivot turn ½ L.
7-8 walk fwd R , L. □ (6.00)

S5: Cross rock, recover, side shuffle, x 2 .

1-2 rock R across L, recover on L.
3&4 step R to R side, step L next to R, step R to R side.
5-6 rock L across R, recover on R.
7&8 step L to L side, step R next to L, step L to L side.

S6: Rock back, recover, shuffle ½ turn, rock back, recover, shuffle.

1-2 step back rocking onto R, recover on L.
3&4 turn ¼ R stepping back on R, step L next to R, turn ¼ R stepping fwd on R.
5-6 step back rocking onto L, recover on R.
7&8 step fwd on L, step R next to L, step fwd on L. (12.00)

S7: Rock, recover, sailor ½ turn, step pivot ¼. Cross , side.

1-2 step fwd rocking onto R, recover on L.
3&4 step R behind L turning ½ R, step L next to R, step R in place.
5-6 step fwd on L, pivot turn ¼ R.
7-8 step L across R, step R to R side. (9.00)

S8: Cross rock, recover, ¼ turn shuffle, step pivot ¼, ½ turn, ½ turn.

1-2 rock L across R, recover on R.
3&4 turn ¼ L stepping fwd on L, step R next to L, step fwd on L.

5-6 step fwd on R, pivot turn $\frac{1}{4}$ L.

7-8 turn $\frac{1}{2}$ L stepping fwd on R, turn $\frac{1}{2}$ L stepping back on L. (3.00)

(option: walk , walk , R, L.)

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