

La Gozadera

拍數: 32 牆數: 4 級數: Improver
編舞者: Angels Guix (ES) - July 2015
音樂: La Gozadera (feat. Marc Anthony) - Gente de Zona : (CD Single)



[1-8] Four steps forward with shoulder shimmy, Side step cross, Side step cross with ¼ turn right

- 1-4 Four steps forward with feet apart at shoulder width starting with RF. Add shoulder shimmies and a little lean backward with the upper body during the steps.
- 5&6 Step RF to right, recover on LF, cross RF over LF
- 7&8 Step LF to left, recover on RF and ¼ turn right, step LF together

[9-16] Shuffle right, shuffle left, the V movement reverse

- 1&2 Step RF to right, step LF together, step RF to right
- 3&4 Step LF to left, step RF together, step LF to left
- 5-8 Step RF to right backward diagonal, step LF to left backward diagonal, step RF forward, step LF together

[17-23] Four step touches travelling forward, rocking chair, step turn step

- 1&2& Step RF to right diagonally forward, touch LF together, step LF to left diagonally forward, touch RF together
- 3&4 Step RF to right diagonally forward, touch LF together, step LF to left diagonally forward
- 5&6& Rock RF forward, recover on LF, rock RF backward, recover on LF
- 7&8 Step RF forward, ½ turn right and step LF forward, step RF forward

[24-32] Touch side and bump x2, travelling pivot forward full turn, shuffle forward

- 1,2 Touch LF to left and bump left hip to left, step LF together
- 3,4 Touch RF to right and bump right hip to right, step RF together
- 5,6 Step LF forward and ½ turn left, step RF backward and ½ turn left
- 7&8 Step LF forward, step RF together, step LF forward

Start again

TAG: Add a Jazz Box after second and fifth repetitions

- 1-4 Cross RF over LF, step LF backward, step RF to right, step LF forward