

Twist Emergency

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Brandi Gross (USA) - June 2015
音樂: Emergency - Icona Pop



Intro-16 counts (When singing starts) - DANCE BEGINS FACING 9:00

[1-8] WALK X2, ½ CHASE TURN, FULL TURN, FWD TRIPLE

1 - 2 Walk fwd R (1), Walk fwd L (2) (9:00)
&3 4 Step R fwd (&), Pivot ½ L (3), Step R fwd prepping for turn(4) (3:00)
5 - 6 Turn ½ R stepping back on L (5), Turn ½ R stepping fwd on R (6) (3:00)
7 & 8 Step L fwd (7), Step R next to L (&), Step L fwd (8)

[9-16] FWD MAMBO, BACK MAMBO, ¾ PADDLE TURN

1 & 2 Rock R fwd (1), Recover onto L (&), Step R slightly back (2)
3 & 4 Rock L back (3), Recover onto R (&), Step L slightly fwd (4)
5 - 8 Paddles X4 for ¾ L. Touch R to R & push/turn with weight on L (X4) for a ¾ total turn L (5,6,7,8). (6:00)

[17-24] FWD SAMBA STEP X2, OUT, OUT, BOUNCING HIP ROLL

1 & 2 Cross R over L (1), Rock L out to L side (&), Recover onto R (2)
3 & 4 Cross L over R (3), Rock R out to R side (&), Recover onto L (4)
&5 Step R out to R side (&), Step L out to L (5)
6 - 8 Roll hips in semicircle from L to R while slightly bouncing heels (6,&,7,&,8)

[25-32] IN, CROSS, UNWIND ½, STEP, ½ PIVOT, WALK ½ CIRCLE R

&1 2 Step L in to center (&), Cross R over L (1), Unwind ½ L putting weight onto L (2) (12:00)
3 - 4 Step R fwd (3), Pivot ½ L (4) (6:00)
5 - 8 Walk around R-L-R-L in a ½ circle to the R (5,6,7,8) (12:00)

****On walls 1 and 4, only walk around R-L-R to 12:00 and hold count 8**

TAG: (ALWAYS FACING 12:00) BEFORE TAG, HOLD COUNT 8

[1-8] JUMP TO L DIAG, LOCK R BEHIND, TWIST ¼, STEP, TOUCH W/ HAND ON HIP, HOLD, DIP, BLOW KISS

&1 & Jump L to L Diag pushing off R (&), Lock R behind L (1), Twist hips to R (&)
2&3&4 Twist hips L-R-L-R-L rotating ¼ R ending with weight on R (2,&,3,&,4) (3:00)
&5 6 Small step fwd on L(&), Touch R fwd putting L hand fingers down on back of L hip (5), Hold (6)
7 - 8 Bend knees to dip body straight down (7), Straighten knees and blow a kiss towards 12:00 with R hand while pushing hips back (8)

[9-16] WALK ½ CIRCLE R, SCUFF, STEP, POINT TURNING 1/8 R, TURN 3/8 R, ½ R, ½ R

1 - 4 Walk around ½ over R shoulder R-L-R (1,2,3), Scuff L (4) (9:00)
&5 6 Step L fwd (&), Point R toward 3:00 rotating body 1/8 R (5), Turn 3/8 R stepping down on R (6) (3:00)
7 - 8 Turn ½ R stepping back on L (7), Turn ½ R stepping fwd on R (8) (3:00)

[17-24] PRESS, RECOVER, BACK LOCK STEP, BACK ROCK WITH HITCH, RECOVER, MAMBO ½ R TURN

1 - 2 Press fwd on L (1), Recover onto R (2)
3 & 4 Step back on L (3), Cross R over L (&), Step back on L (4)
5 - 6 Rock back on R hitching L knee up (5), Recover onto L (6)
7 & 8 Rock fwd on R (7), Recover onto L (&), Turn ½ R stepping fwd on R (8) (9:00)

[25-32] CHARLESTON, POINT BACK, ¼ L W/ HANDS, SWIVEL W/ ARMS, ¼ L FLICK W/ ARMS

- 1 - 4 Step L fwd (1), Touch ball of R fwd (2), Step R back (3), Touch L back (4)
- 5 - 6 Turn ¼ L stepping down on L poking L hip back with L hand on hip and look at R hand (5) as it fans your face twice on counts 5 and 6 (5, 6) (6:00)
- 7 Swivel both heels to L and knees to R while bringing both arms down toward R (7) (keep elbows in tight to body)
- 8 Swivel heels to R turning ¼ L and flicking R foot up while bring both arms up toward L (keep elbows in tight to body) (8) (3:00)

Tag at the end of walls 1 and 4 ☐ Enjoy!

**This dance placed 2nd in the phrased category at the choreography competition at the 2015 Fun In The Sun
Please do not alter this step sheet in any way. - Contact: Brandi Gross, bgross388@gmail.com**
