

# Wasted

COPPER KNOB  
BY STEPHEN HETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Michael Diven (USA) - July 2015  
音樂: Waste Another Beer - OSMR



**Intro: 48 counts, song starts with lyrics, but wait 48 counts to start**

## **CROSS ROCK, ¼ TURN, ¼ TURN SHUFFLE, STEP, ½ PIVOT, FULL TURNING SHUFFLE**

- 1-2            Cross rock right over left, recover weight back to left foot turning ¼ turn right  
3&4           Pivot ¼ turn right stepping right foot to right forward, step left foot next to right, step right foot to right side  
5-6           Step forward on left foot, pivot ½ turn right (weight on right foot)  
7&8           Pivot ¼ turn right stepping left foot to left side, pivot ½ turn right stepping right foot to right side, pivot ¼ turn right stepping left foot forward

### **EASIER OPTION:**

#### **ROCK, RECOVER, LOCK SHUFFLE BACK, ROCK, RECOVER, SHUFFLE FORWARD**

- 1-2            Rock forward on right foot, recover weight back on left foot  
3&4           Step back on right foot, step left foot next to right foot, step back on right foot  
5-6           Rock back on left foot, recover weight back on right foot  
7&8           Step forward on left foot, step right foot next to left, step forward on left foot  
(Option: 7&8 Step forward on left, step forward on right, step forward on left) Walk, walk, walk

#### **KICK, STEP, POINT, KICK, STEP, POINT, JAZZ BOX W/ ½ TURN RIGHT**

- 1&2           Kick right foot forward, step right foot next to left, point left toe to left side  
3&4           Kick left foot forward, step left foot next to right, point right toe to right side  
5-8           Cross step right foot over left, pivot ¼ turn right stepping back on left foot, pivot ¼ turn right stepping right foot forward, step left foot to left side

#### **RIGHT SAILOR, LEFT SAILOR W/ ¼ TURN, HEEL SWITCH, HEEL HOOK**

- 1&2           Step right foot behind left foot, step left foot to left side, step right foot to right side  
3&4           Pivot ¼ turn left stepping left foot behind right, step right foot to right side, step left foot to left side  
5&6&          Touch right heel forward, step right foot next to left, touch left heel forward, step left foot next to right  
7&8&          Touch right heel forward, cross right foot across left shin, touch right heel forward, step right foot next to left

#### **HEEL SWITCH, HEEL HOOK, ROCK, RECOVER, ½ TURNING SHUFFLE, STEP**

- 1&2&          Touch left heel forward, step left foot next to right, touch right heel forward, step right foot next to left  
3&4&          Touch left heel forward, cross left foot across right shin, touch left heel forward, step left foot next to right  
5-6           Rock forward on right foot, recover weight back on left foot  
7&8&          Pivot ¼ turn right stepping right foot to right side, step left foot next to right, pivot ¼ turn right stepping right foot forward, step left foot next to right

### **NOTE:**

**There are no Tags Or Restarts. The last 8 counts of the dance will occur prior to these extra holds.**

**At the end of wall 4 slight pause, wait for the music to kick back in to restart the dance.**

**At the end of wall 5 you will stop for about 6 counts, make sure your weight is on the left foot. You will then restart the dance when the music kicks back in.**

