

It Feels Good

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Low Intermediate
編舞者: Ilona Tessmer-Willis (USA) - July 2015
音樂: It Feels Good - Drake White : (Google Play - AmazonMP3 - iTunes - 2:40)



Intro: 16 cts

S1: STOMP R, HOLD, HOP L, R STEP, L KICK 1/4 L TURN: WALK L & R, 1/2 L TURN: L SHUFFLE

1-2 Stomp R, Hold
& 3-4 Hop with L, R Step in Place, Kick L
5-6 1/4 L Turn: Walk L & R
7&8 1/2 L Turn: L, R, L Shuffle (weight on Left)

S2: RIGHT VINE, SCUFF L, L FORWARD SHUFFLE, 1/4 R TURN: R FORWARD SHUFFLE

1-2 R Step to Right Side, L Step Behind R
3-4 R Step to Right Side, L Scuff
5&6 L Forward Shuffle, L,R,L,
7&8 1/4 R Turn: Shuffle Forward R, L, R, (weight on Right)

S3: L ROCK FORWARD, 1/4 R TURN: WALK BACK L, TAP R, R SIDE SHUFFLE, SYNCOPATED HIP BUMP L,R,L□

1-2 L Rock Forward, Recover R
3-4 1/4 R Turn: Walk Back L, Tap R
5&6 R Side Shuffle R,L,R
7&8 Hip Bump L,R,L (weight on Left)

S4: WALK FORWARD R & L, R FORWARD SHUFFLE, 1/2 R TURN: L PIVOT, FULL R TURN: SHUFFLE L ,R, L (OPTION TO TURN: WALK IN PLACE L,R,L,)

1-2 Walk forward R & L
3&4 Shuffle Forward R,L,R
5-6 1/2 Right Pivot: L Pivots
7&8 Full Turn: Shuffle L,R,L (weight on Left)

***16 COUNT TAG AT WALL 3: 8 cts Dance S1**

8 cts Vine R & L

Restart dance

Enjoy this great song by dancing along---have fun!

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