

It Feels Good, It Feels Right

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: High Beginner
編舞者: Treece (USA) & Shell Paap (USA) - July 2015
音樂: It Feels Good - Drake White



Intro 8 counts from the downbeat

S1: Fwd steps R, L, R, L, with Claps

1, 2 & 3, 4 Step Right forward, hold clap, clap, step Left forward, hold clap
5, 6 & 7, 8 step Right forward, hold clap, clap, step Left forward, hold clap

S2: Fwd R roc, rec, triple back, Back Roc Rec, triple fwd

1, 2, Rock forward on Right, Recover on Left,
3 & 4 Step back on Right, step left next to Right, Step back on Right,
5, 6, Rock back on Left, recover on Right,
7 & 8 Step forward on Left, step Right next to Left, step forward on Left

S3: Right Jazz box cross, Sways RLRL

1 - 4 Step Right in front of Left, Step Left back, step Right next to Left, Step Left over Right
5 - 8 Step right on Right, Swaying body Right, Left, Right, Left (weight ending on left)

S4: Triple Right, Roc, Rec (Lindy), ¼ Right turn, triple fwd LRL

1 & 2 Step Right to Right side, step Left next to Right, step Right to Right
3 - 4 Rock back on Left, Recover on Right
5 - 6 Step forward on Left, turn ½ right, step back on Right,
7 & 8 Turn ¼ to right, Step forward on Left, step Right next to left, step forward on Left.

S5: Step touches fwd & back

1 - 4 Step forward on Right, touch Left to side, Step forward on Left, touch Right to side,
5 - 8 Step back on Right, touch Left to side, step back on Left, touch Right to side

S6: Heel Switches, Step & 1/4 turn Step, twice

1&2& Touch R heel forward, step R to L, touch L heel forward, step L to R
3 - 4 Step forward R, turn 1/4 left and step L
5&6& Touch R heel forward, step R to L, touch L heel forward, step L to R
7 - 8 Step forward R, turn 1/4 left and step L

REPEAT – ENJOY! No Tags, No Restarts

Contact: SHELL PAAP - 719-660-3424 - shell@comedancewithshell.com - www.comedancewithshell.com