

Step 2 shine

拍數: 32 牆數: 4 級數:
編舞者: Pat Esper (USA) - July 2015
音樂: Step (feat. Sarah Ross) - Moonshine Bandits : (Album: Blacked Out)



Dance map: 32 intro-32-32-32-32-32-16-16tag-16tag-32 to end
*2 Tags (Tag done back to back)

[1-8]: Toe-heel step, Toe-heel step, Sailor step, Sailor step

1-2 Step the left toe forward at a slight angle. Set the left heel down.
3-4 Step the right toe to the side. Set the right heel down.
5&6 Step the left foot behind the right, Step the right foot to the side, Step the left foot in place.
7&8 Step the right foot behind the left, Step the left foot to the side, Step the right foot in place.

[9-16]: Step, Heel swivel, Coaster step, Kick and Step, Bouncing turn

1&2 Step slightly forward on the left foot, Swivel both heels to the left, Bring both heels to center.
3&4 Step back on the left foot, Step the right foot next to the right, Step forward on the left foot.
5-6 Kick the right foot forward rising up on the ball of the left foot. Step slightly back on the right foot.
7&8 Bounce making a quarter turn to the right (bounce-bounce-bounce)

[17-24]: Step, Step, Hip roll, Vine to a weave kick

1-2 Step the left foot forward at a slight angle. Step the right foot to the side.
3-4 Roll the hips counter clockwise pushing the butt out and ending with the weight on the left foot.
5-6 Step the right foot to the side. Step the left foot behind the right.
&7&8 Step the right foot to the side, Step the left foot over the right, stomp the right foot next to the left, Kick the right foot forward and an angle.

[25-32]: Weave with a quarter turn, Rock, Recover, Turning hip bump, Walking hip bump

1&2 Step the right foot behind the left, Turn a quarter turn to the left stepping forward on the left foot, Step forward on the right foot.
3-4 Rock forward on the left foot. Recover on the right foot.
5&6 Stepping back on the left while turning a quarter turn to the left, Bump the hips to the left, Bump the hips to the right, Bump the hips to the left.
7&8 Step the right foot forward bumping the hips to the right, Bump the hips to the left, Bump the hips to the right.

*16 Count Tag done twice back to back

[1-8]: Step, Heel Bounce, Step, Heel Bounce

1-4 Step the left foot forward at an angle, Bounce the heel, Bounce the heel, Bounce the heel.
5-8 Step the right foot forward at an angle, Bounce the heel, Bounce the heel, Bounce the heel.

[9-16]: Wizard step, Wizard step, Step half turn, Roll forward.

1-2& Step forward at an angle on the left foot, Step the right foot behind the left, Step forward on the left foot.
3-4& Step forward at an angle on the right foot, Step the left foot behind the right, Step forward on the right foot.
5-6 Step forward on the left foot. Turn a half turn to the right.
7-8 Step forward on the left foot turning a half turn right pivoting on the right foot. Pivoting on the left foot, continue turning a half turn to the right stepping forward on the right foot. (if the turn is too difficult, make two walking steps forward after counts 5-6.)

