

Biscuits And Gravy

COPPER KNOB
STEPSHEETS

拍數: 82 牆數: 1 級數: Phrased Intermediate
編舞者: Helen Woods (USA) - July 2015
音樂: Biscuits - Kacey Musgraves : (CD: Pageant Material / iTunes and Amazon)



#24 count intro starting on vocals

Special Instruction: □ All triple steps forward and back should be done with same shoulder lead using either 3rd or 5th position for the second step

Phrase sequence: A, B, T1, C, T1, A, B, T2, A, C, C, B, T1, C, T1

PART A – 34 counts

A1: TRIPLE STEP BACK, TRIPLE STEP BACK, TURN, TRIPLE STEP, TRIPLE STEP

1&2 Step right back, step left beside right, step right back
3&4 Step left back, step right beside left, step left back
& Turn ½ right with no weight change (6:00)
5&6 Step right forward, step left beside right, step right forward
7&8 Step left forward, step right beside left, step left forward

A2: TOE HEEL STOMP, TOE HEEL STOMP, ROCK FORWARD, RECOVER, COASTER STEP

1&2 Touch right beside left (right knee bent toward left), touch right heel beside left (right knee bent away from left), stomp right beside left with weight to right
3&4 Touch left beside right (left knee bent toward right), touch left heel beside right (left knee bent away from right), stomp left beside right with weight to left
5-6 Rock right forward, recover to left
7&8 Step right back, step left beside right, step right forward

A3: TOE HEEL STOMP, TOE HEEL STOMP, ROCK FORWARD, RECOVER, TRIPLE HALF TURN

1&2 Touch left beside right (left knee bent toward right), touch left heel beside right (left knee bent away from right), stomp left beside right with weight to left
3&4 Touch right beside left (right knee bent toward left), touch right heel beside left (right knee bent away from left), stomp right beside left with weight to right
5-6 Rock left forward, recover to right
7&8 Turn ¼ left stepping left to side, step right beside left, turn ¼ left stepping left forward (12:00)

A4: STEP, HOLD, TURN, HOLD, STEP, HOLD, TURN, HOLD

1-2 Step right forward, hold
3-4 Turn ½ left with weight to left, hold (6:00)
5-6 Step right forward, hold
7-8 Turn ½ left with weight to left, hold (12:00)

A5: HEEL, TOE

1-2 Touch right heel to right diagonal, touch right beside left

PART B – 32 counts

B1: TRIPLE STEP, TRIPLE STEP BACK, TRIPLE STEP, ROCK BACK, RECOVER

1&2 Turn right toward 1:00 (not 1:30) stepping right forward along right diagonal, step left beside right, step right forward (1:00)
3&4 Turn right squaring to 3:00 stepping left back, step right beside left, step left back (3:00)
5&6 Turn right toward 5:00 (not 4:30) stepping right forward along right diagonal, step left beside right, step right forward (5:00)

The object of steps 1-6 is to step out an equilateral triangle

7-8 Rock left back along diagonal, recover to right

B2: TRIPLE STEP, TRIPLE STEP BACK, TRIPLE STEP, ROCK BACK, RECOVER

- 1&2 Step left forward still along right diagonal, step right beside left, step left forward
3&4 Turn left squaring to 3:00 stepping right back, step left beside right, step right back (3:00)
5&6 Turn left toward 1:00 (not 1:30) stepping left forward along left diagonal, step right beside left, step left forward (1:00)

The object of steps 1-6 is to step out another equilateral triangle

- 7-8 Rock right back along diagonal, recover to left

B3: HEEL BALL CROSS, HEEL BALL CROSS, SIDE ROCK, RECOVER, BEHIND SIDE CROSS

- 1&2 With body angled toward right diagonal touch right heel forward, step ball of right beside left, cross left over right
3&4 With body angled toward right diagonal touch right heel forward, step ball of right beside left, cross left over right
5-6 Rock right to side squaring to front, recover to left (12:00)
7&8 Step right behind left, step left to side, step right across left

B4: HEEL BALL CROSS, HEEL BALL CROSS, SIDE ROCK, RECOVER, BEHIND SIDE CROSS

- 1&2 With body angled toward left diagonal touch left heel forward, step ball of left beside right, cross right over left
3&4 With body angled toward left diagonal touch left heel forward, step ball of left beside right, cross right over left
5-6 Rock left to side squaring to front, recover to right
7&8 Step left behind right, step right to side, step left across right

PART C – 16 counts**C1: ½ MONTEREY TURN, CROSS BALL HEEL, SIDE, CROSS BALL HEEL, SIDE**

- 1-4 Touch right to side, turn ½ right drawing right beside left with weight to right, touch left to side, step left beside right (6:00)
5&6 Step right across left, step ball of left to left, touch right heel to right diagonal
& Step right to side
7&8 Step left across right, step ball of right to right, touch left heel to left diagonal
& Step left to side

C2: ½ MONTEREY TURN, CROSS BALL HEEL, SIDE, CROSS BALL HEEL, SIDE

- 1-4 Touch right to side, turn ½ right drawing right beside left with weight to right, touch left to side, step left beside right (12:00)
5&6 Step right across left, step ball of left to left, touch right heel to right diagonal
& Step right to side
7&8 Step left across right, step ball of right to right, touch left heel to left diagonal
& Step left to side

REPEAT**TAG 1 (T1) – 6 counts****HEEL BALL HEEL, BALL HEEL, CLAP CLAP, HEEL, TOE**

- 1&2 Touch right heel to right diagonal, step ball of right beside left, touch left heel to left diagonal
&3 Step ball of left beside right, touch right heel to right diagonal
&4 Clap twice
5-6 Touch right heel to right diagonal, touch right beside left

TAG 2 (T2) – 10 counts**HEEL BALL HEEL, BALL HEEL, CLAP CLAP, HEEL BALL HEEL, BALL HEEL, CLAP CLAP**

- 1&2 Touch right heel to right diagonal, step ball of right beside left, touch left heel to left diagonal
&3 Step ball of left beside right, touch right heel to right diagonal
&4 Clap twice
5&6 Touch right heel to right diagonal, step ball of right beside left, touch left heel to left diagonal

&7 Step ball of left beside right, touch right heel to right diagonal
&8 Clap twice

HEEL, TOE

1-2 Touch right heel to right diagonal, touch right beside left
