

J, J and Hank

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Kathryn Rowlands (WLS) - July 2015
音樂: Jim and Jack and Hank - Alan Jackson : (CD: Angels and Alcohol)



#16-Count Intro. 4 Count Tag at end of Wall 4.
Dance progresses in an anti-clockwise direction.

[1-8] □ Rock, Recover, Coaster; Rock, Recover, Heel Jack and Cross

1-2 Rock forward on right foot, recover onto left foot
3&4 Step right foot back, step left foot back beside right foot, step right foot forward
5-6 Rock forward on left foot, recover onto right foot
7&8 Touch [jack] left heel forward on left diagonal, step left foot back, cross right foot in front of left (12:00)

[9-16] □ Side rock, Recover, Cross Shuffle; Kicks, Step-Lock □

9-10 Rock left foot to left side, recover onto right foot
11&12 Cross left foot over right foot, step right foot to right side, cross left foot over right foot
13-14 Kick right foot forward, kick right foot to the right side
15&16 Step right foot back, step left foot across right foot, step right foot back. (12:00)

[17-24] □ Rock, Recover, ¼ Turn, Shuffle; Pivot ½ Turn, Shuffle

17-18 Rock back on left foot, recover onto right foot, turning ¼ to right (3:00)
19&20 Step left foot forward, step right foot beside left foot, step left foot forward.
21-22 Step right foot forward, on balls of both feet turn ½ to left, onto left foot
23&24 Step right foot forward, step left foot beside right foot, step right foot forward (9:00)

[25-32] □ Rock, Recover, Coaster; Kicks, Heel Jack, Claps, Step □

25-26 Rock forward on left foot, recover onto right foot
27&28 Step left foot back, step right foot back beside left foot, step left foot forward
29-30 Kick right foot forward, kick right foot to the right side
&31&32& Step right foot beside left foot, touch [jack] left heel forward on left diagonal, clap x2, step left foot beside right foot (9:00)

Begin again.

***Tag: At the end of Wall 4, facing 12:00 there is a 4-count tag:**

1-2 Bump hips to right and left
3-4 Bump hips to right and left
