

I Trust You Man

拍數: 32 牆數: 4 級數:
編舞者: Kim Limtiaco (USA) - July 2015
音樂: Trust You - Rob Thomas



Right Toe, Heel, Hook, Step, Jazz Box 1/4 Turn Left

1-2 Touch Right Toe Next To Left(1), Touch Right Heel In Front(2)
3-4 Hook Right Over Left(3), Step Right Foot Down(4)
5-6 Cross Left Over Right(5), Step Right Back(6)
7-8 Step Left ¼ Turn To Left(7), Cross Right Over Left(8)

Step Left , Hold, Right Ball Step Stepping Left To Side, Hold, Jazz Box ½ Turn

1-2 Step Left To Left Side(1), Hold(2)
&3-4 Ball Step Right Next To Left(&), Step Left To Side(3), Hold(4)
5-6 Cross Right Over Left(5), Step ¼ Left Back(6)
7-8 Step Right ¼ Turn(7), Step Forward Left(8)

TAG: After 16 Counts On The 9th Wall (3rd Time Starting Front Wall)

Tag: 4 Count Rocking Chair

1-4 Step Right Foot Forward(1), Recover On Left(2), Step Right Foot Back(3), Recover On Left(4)

Restart The Dance After Tag, (Facing 3:00)

R Toe Step, L Toe Step. Step Forward R, Point L, Step L ¼ Turn To L, Point R To Side□

1-2 Touch Right Toe Next To Left(1), Step Down On Right(2)
3-4 Touch Left Toe Next To Right(3), Step Down On Left Step(4)
5-6 Step Right Forward(5), Point Left To Side(6)
7-8 Step Left ¼ Turn(7), Point Right Foot To Right Side(8)

Turning Shuffles, Rlr, Back Lrl, Forward Rlr, Rock, Recover ¼ Turn Right, Cross

1&2 Step Right Foot Forward (1), Step Left Next To Right(&), Right Foot Forward(2)
3&4 Make ½ Turn Right Stepping Back On Left(3), Step Right Next To Left(&), Step Back On Left(4)
5&6 Make ½ Turn Right Stepping Forward On Right(5), Step Left Next To Right(&), Step Forward Right(6)
7&8 Step Forward Left(7), Recover Right While Turning ¼ Turn Right(&) , Cross Left Over Right□(8)