

Boom Boom Boom

COPPER KNOB
BY SHEPHERD

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Pat Stott (UK) - July 2015
音樂: Boom Boom (Heartbeat) (feat. Rachel K Collier) (Radio Edit) - Ray Foxx



Commence after 32 seconds (start counting 64 count intro from when she sings "another").. The dance starts when she sings the word "Poisoned" (No Tags Or Restarts)

S1: Side rock, cross shuffle, side rock, cross shuffle

1-2 Rock right to right, recover on left
3&4 Cross right over left, left to left, cross right over left
5-6 Rock left to left, recover on right
7&8 Cross left over right, right to right, cross left over right

S2: Side, behind, 1/4 chasse right, fwd, rock, full triple left

1-2 Right to right, cross left behind right with a slight dip
3&4 Step right to right, close left to right, 1/4 turn right stepping forward on right
5-6 Rock forward on left, recover on right
7&8 Turn full turn left with a triple step (left, right, left)

(Easier option for 7&8 dance a coaster step)

S3: X shape fwd rock and back back rocks

1,2& Rock right diagonally forward, recover on left, close right to left
3-4 Rock left diagonally back, recover on right
5,6& Rock left diagonally forward, recover on right, close left to right
7-8 Rock right diagonally back, recover on left

S4: Forward rock, 1/2 shuffle turn right, full turn right (or 2 walks), left shuffle forward

1-2 Rock forward on right, recover on left
3&4 1/2 shuffle right (right, left, right)
5-6 Full turn right - 1/2 turn right stepping back on left, 1/2 turn right stepping forward on right (or walk forward - left, right)
7&8 Forward on left, close right to left, forward on left

S5: Vaudeville with kick, ball, cross, hold, ball, cross shuffle

1,2,3 Cross right over left, left to left, step back on right behind left (body facing right diagonal)
&4& Close left to right, kick right diagonally forward, close right to left
5-6 Cross left over right, hold
&7&8 Step right to right on ball of foot, cross left over right, right to right on ball of right, cross left over right

S6: Kick ball cross, kick ball cross, rock right, recover, behind side, cross

1&2 Kick right diagonally forward, right to right on ball of foot, cross left over right
3&4 Repeat 1&2
5-6 Rock right to right, recover on left
7&8 Cross right behind left, left to left, cross right over left

S7: Left to left, hold, close, side, tap, right to right, hold, close, side, tap

1-2 Step left to left, hold
&3-4 Close right to left, step left to left, tap right next to left
5-6 Step right to right, hold
&7-8 Close left to right, right to right, tap left next to right

S8: Side, rock, sailor 1/4 left, turning 1/4 left - heel and toe switches

1-2 Rock left to left, recover on right

3&4 Sailor step turning 1/4 left

5&6&7&8& Gradually turning 1/4 left - right heel forward, close, left toe back, close, right heel forward, close, left toe back, close

Optional arms in section 7 - when she sings "boom boom" on the holds - hands in front of your chest (palms facing chest) moving forward and back as though your heart is beating

Ending: Dance up to step 6 of section 2, then replace full triple turn with 1/2 triple left to face 12 o'clock , step right to right with hands out to the sides for a big finish!
