Bailar El Samba



拍數: 32 牆數: 4 級數: Improver - Samba

編舞者: Christina Yang (KOR) - July 2015

音樂: Bailando - Morena Ciucci



*** Special thanks to my FB friend, Ferruccio Meterazzi for sharing music to me ***

Start the dance after 32 counts

SECTION 1: DIAGONAL FORWARD ROCKING CHAIR, FORWARD TOUCH, RF CLOSED LF WITH SWIVEL, DIAGONAL FORWARD ROCKING CHAIR, FORWARD TOUCH, LF CLOSED RF WITH SWIVEL

1&2& RF diagonal forward rock, LF recover, RF backward rock, LF recover(10:30)

3-4 RF forward touch, RF closed LF with LF swivel(weight in RF, 12:00)

5&6& LF diagonal forward rock, RF recover, LF backward rock, RF recover(1:30)

7-8 LF forward touch, LF closed RF with swivel(weight on LF, 12:00)

SECTION 2: CROSS, IN PLACE, SIDE, CROSS FORWARD, 1/4 TURN TO L WITH HITCH, CROSS FORWARD, CLOSED BEHIND, LOCK STEP

1-2& RF cross forward LF, LF in place, RF side

3-4 LF cross forward RF, 1/4 turn to L with RF hitch(9:00)

5-6 RF cross forward, LF closed behind RF

7&8 RF forward step, LF closed behind RF, RF forward

SECTION 3: CROSS FORWARD, CLOSED BEHIND, LOCK STEP, 1/4 TURN TO L WITH SIDE TOUCH DOING HIP ROLLING, 1/4 TURN TO L WITH SIDE TUCH DOING HIP ROLLING

1-2 LF cross forward, RF closed behind LF

3&4 LF forward step, RF closed behind LF, LF forward

5-8 1/4 turn to L with RF side touch doing hip rolling in a anticlockwise(6:00), LF recover, 1/4 turn

to L with RF side touch doing hip rolling in a anticlockwise(3:00), LF recover

SECTION 4: CROSS FORWARD, SIDE, DIAGONAL FORWARD TOUCH, IN PLACE, CROSS FORWARD, SIDE, DIAGONAL FORWARD TOUCH, IN PLACE, CROSS FORWARD, TURN TO DIAGONAL R DIRECTION WITH HITCH, FORWARD LOCK STEP, RF CLOSED LF WITHOUT WEIGHT

1&2& RF cross forward step, LF side, RF diagonal forward touch(weight on LF), RF in place(weight

on RF)

3&4& LF cross forward step, RF side, LF diagonal forward touch(weight on RF), LF in place(weight

on LF)

5-6 RF cross forward, turn to diagonal R direction with LF hitch

7&8& LF forward, RF cross behind LF, LF forward, RF closed LF without weight(turn to center with

LF swivel)

TAG 1: After 4th, 8th wall, you should dance 4 counts of Tag

1-2 RF side rock, LF recover

3&4 RF backward rock, LF recover, RF closed LF

TAG 2: After 9th wall, you should dance 36 counts of Tag

1-8 RF side, LF closed RF, 1/4 turn to L with LF side, RF closed LF, 1/4 turn to L with RF side,

LF closed RF, 1/4 turn to L with LF side, RF closed LF

1-8 RF side, LF closed RF, 1/4 turn to R with LF side, RF closed LF, 1/4 turn to R with RF side,

LF closed RF, 1/4 turn to R with LF side, RF closed LF

1-8 2 times of RF backward rocking chair

1-8 RF long step to backward(1,2), LF coaster step, hold(6), 1/4 turn to L with pivot(7,8)

1-4 Sway to R/L/R/L

http://www.youtube.com/user/thetrianglelinedance
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https://www.facebook.com/christina.yang.148553