

Le Freak

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Colleen Archer (AUS) - June 2015
音樂: Le Freak - Chic : (Album: The Best Ever Disco Album - Disc One)



Intro: 32 counts SP. Weight on L Date: 15th June, 2015 Rotation: ¼ Anticlockwise
Track time: 3.30 mins, BPM: 118

SIDE, TOG, SIDE, TOUCH, SIDE, TOG, SIDE, TOUCH

1, 2 Step R to right side, Step L beside R
3, 4 Step R to right side, Touch L beside R
5, 6 Step L to left side, Step R beside L
7, 8 Step L to left side, Touch R beside L □(12)

R SAILOR STEP, L SAILOR STEP, ROCK BACK REC, ½ PIVOT

1 & 2 Step R behind L, Rock step L to left side, Recover R
3 & 4 Step L behind R, Rock step R to right side, Recover L
5, 6 Rock step R back, Recover L
7, 8 Step R forward, Turn ½ left taking weight onto L □(6)

R RUMBA FWD, L RUMBA BACK

1, 2 Step R to right side, Step L beside R
3, 4 Step R forward, Touch L beside R
5, 6 Step L to left side, Step R beside L
7, 8 Step L back, Touch R beside L □(6)

¼ MONTEREY, FWD, FWD, R KICK/BALL/CHANGE

1, 2 Touch R to right side, Turn ¼ right & step R beside L
3, 4 Touch L to left side, Step L beside R
5, 6 Step R forward turning toes to right, Step L forward turning toes to left
7 & 8 Kick R forward, Step R ball beside L, Step L beside R □(9)

Begin again.....

Dance may be copied and distributed provided original steps remain unchanged.
