

Martini Moments (沉醉片刻) (zh)

COPPER KNOB
STYLEDANCE

拍數: 64 牆數: 4 級數: Intermediate
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音樂: A Night Like This - Caro Emerald



前奏: Intro: Start after 16 counts 16拍後起跳

- 第一段** Side, Rock Back, Recover, Side Shuffle ¼ R, Step Pivot ½ Turn R, Lock Step fwd 側, 後下沉, 回復, 右追步
轉1/4, 踏轉, 前鎖步
- 1-3 Step L to L side, Rock R back, Recover on L
左足左踏, 右足後下沉, 左足回復
- 4&5 Step R to R side, Step L next to R, ¼ Turn R step R fwd (3.00)
右足右踏, 左足併踏, 右轉90度右足前踏(面向3點鐘)
- 6-7 Step L fwd, Pivot ½ Turn R (9.00)
左足前踏, 右軸轉180度(面向9點鐘)
- 8&1 L Lock step fwd (option: Triple full turn R with L,R,L)
左足前鎖步(選擇版:三步右轉圈)
- 第二段** Rock fwd, Recover, Coaster Cross, Side Rock, Recover, Behind, Side, ¼ Turn R step fwd 下沉, 回復, 海岸交叉, 側下沉, 回復, 後旁 1/4前
- 2-3 Rock R fwd, Recover on L 右足前下沉, 左足回復
- 4&5 Step R back, Step L next to R, Step R across L
右足後踏, 左足併踏, 右足於左足前交叉踏
- 6-7 Rock L to L side, Recover on R 左足左下沉, 右足回復
- 8&1 Step L behind R, Step R to R side, ¼ Turn R step L fwd (12.00)
左足於右足後踏, 右足右踏, 右轉90度左足前踏(面向12點鐘)
- 第三段** Hold, Ball Step, Lock Step fwd, Rock fwd, Recover, Lock Step Back
候, 併踏, 前鎖步, 下沉, 回復, 後鎖步
- 2&3 Hold, Step R next to L, Step L fwd 候, 右足併踏, 左足前踏
- 4&5 Lock Step fwd with R,L,R 右足前鎖步
- 6-7 Rock L fwd, Recover on R 左足前下沉, 右足回復
- 8&1 Lock step back with L,R,L 左足後鎖步
- 第四段** Touch back, ½ Turn R, ½ Turn R with Toe Strut, Behind side, Cross, Side, Close, Fwd 後點, 轉, 轉趾點, 踵踏, 後, 旁, 前, 側, 併, 前
- 2-3 Touch R back, ½ Turn R (6.00) 右足後點, 右轉180度(面向6點鐘)
- 4-5 ½ Turn R step L back, Step L down (12.00)
右轉180度左足趾後點, 左足踵踏(面向12點鐘)
- 6&7 Step R behind, Step L to L side, Step R across L
右足後踏, 左足左踏, 右足於左足前交叉踏
- 8&1 Step L to L side, Step R next to L (****RESTARTS: 2 & 5), Step L fwd 左足左踏, 右足併踏, 左足前踏
- RESTARTS:** Wall 2 & 5 AFTER count 32 start again with count 1
第二面牆及第五面牆跳至第四段第8拍, 從頭起跳
- 第五段** Rock fwd, Recover, Coaster step, Step fwd, Pivot ½ Turn R, Touch, Ball Touch 下沉, 回復, 海岸步, 踏轉, 點, 併, 點
- 2-3 Rock R fwd, Recover on L 右足前下沉, 左足回復
- 4&5 Step R back, Step L next to R, Step R fwd
右足後踏, 左足併踏, 右足前踏
- 6-7 Step L fwd, ½ Turn R (6.00) 左足前踏, 右轉180度(面向6點鐘)
- 8&1 Touch L toe next R, Step L next to R, Touch R toe into L with R knee pop across L 左足趾併點, 左足併踏, 右足趾併點右膝於左足前交叉踏

第六段 Hold, Ball Point, Hold, Ball Cross, Pivot ½ Turn, Step fwd, Sailor ½ Turn L 候, 併點, 候, 併交叉, 轉, 踏, 轉水手

2 Hold 候

&3-4 Step R next to L, Point L to L side, Hold 右足併踏, 左足左點, 候

&5 Step L next to R, Step R across L 左足併踏, 右足於左足前交叉踏

6-7 Pivot ½ Turn L, Step R fwd (12.00) 左轉180度, 右足前踏(面向12點鐘)

8&1 ½ Turn L Step L behind R, Step R next to L, Step L to L side (6.00)
左轉180度左足於右足後踏, 右足併踏, 左足左踏(面向6點鐘)

第七段 Toe, Heel, Side Shuffle ¼ R, Step Pivot ½ Turn, Shuffle ½ Turn
趾, 踵, 右追步轉1/4, 踏轉, 轉交換

2-3 Touch R toe next to L, Touch Heel next to L 右足趾併點, 右足踵併點

4&5 Step R to R side, Step L next to R, ¼ Turn R step R fwd
右足右踏, 左足併踏, 右轉90度右足前踏

TAG: Wall 7 AFTER count 53 ADD

加拍: 第七面牆跳至此, 改跳下列舞步後, 從頭起跳

6-7 Step L fwd, Pivot ¾ Turn R 左足前踏, 右轉270度

8&1 Step L to L side, Step R next to L, Step L to L side
左足左踏, 右足併踏, 左足左踏

6-7 Step L fwd, Pivot ½ R (3.00) 左足前踏, 右轉180度(面向3點鐘)

8&1 Shuffle ½ Turn R with L,R,L (9.00)
右180度轉交換-左, 右, 左(面向9點鐘)

第八段 Rock Back , Recover, Rock Fwd , Recover, Behind , Side, Cross, Side, Close 後下沉, 回復, 前下沉, 回復, 後, 旁, 前, 側, 併

2-3 Rock R Diag. R back and sway hip R, Recover on L and sway hip L
右足右斜角後下沉右推臀, 左足回復左推臀

4-5 Rock R Diag. R fwd and sway hip R, Recover on L and sway hip L
右足右斜角前下沉右推臀, 左足回復左推臀

6&7 Step R(with sweep) behind L, Step L to L side, Step R across L
右足由前繞至左足後踏, 左足左踏, 右足於左足前交叉踏

8& Step L to L side, Step R next to L 左足左踏, 右足併踏
