

Real Life

COPPER **KNOB**
BY STEPHEN

拍數: 48 牆數: 4 級數: Improver
編舞者: Dee Blansett (USA) - July 2015
音樂: Real Life - Jake Owen



S1: Walk Forward (x2), Touch Right Heel Forward & Toe Back, Walk Forward (x2) Pivot ¼ Turn

1-2 Walk forward Right (1), Walk forward Left (2)
3-4 Touch Right heel forward (3), Touch Right toe back (4)
5-6 Walk forward Right (5), Walk forward Left (6)
7-8 Step forward Right (7), Pivot ¼ turn left (8) weight on Left 9:00

S2: Cross Side Behind-Side-Cross; Left Side Rock-Recover, Behind-Side-Cross

1-2 Cross Right over Left (1), Step Left side left (2)
3&4 Cross Right behind left (3), Step Left side left (&), Cross Right over left (4)
5-6 Rock Left side left (5), Recover onto Right (6)
7&8 Cross Left behind right (7), Step Right side right (&), Cross Left over right (8)

S3: Right Heel, Touch, Step Slide; Left Heel, Touch, Step Slide

1-2 Touch Right heel – 45 degree angle forward right (1), Touch Right toe beside left (2)
3-4 Step Right – big step side right (3), Slide Left next to right (4) weight on right
5-6 Touch Left heel – 45 degree angle forward left (5), Touch Left toe beside right (6)
7-8 Step Left – big step side left (7), Slide Right next to left (8) weight on left

S4: Step Forward Touch - Twice, Step Back Touch – Twice

1-2 Step Right diagonally forward right (1), Touch Left beside right (2)
3-4 Step Left diagonally forward left (3), Touch Right beside left (4)
5-6 Step Right diagonally back right (5), Touch Left beside right (6)
7-8 Step Left diagonally back left (7), Touch Right beside left (8)

S5: (Traveling slightly backward) Low Kicks (Right, Left, Double Right, Left), Step Left Down, Touch Right Heel forward, Body Roll

1&2& Low Kick Right fwd.(1), Step Right beside left (&) Low Kick Left fwd. (2) Step Left beside right (&)
3-4 Kick Right across left twice (3-4)
&5&6 Step Right foot beside left (&) Low Kick Left forward (5), Step Left beside right (&), Touch Right heel
45 degree angle forward right (6)
7-8 Leaning back keeping weight on left (7), Body Roll Up (8) weight on left

S6: (Traveling slightly backward) Low Kicks (Right, Left, Double Right, Left), Step Left Down, Touch Right Heel forward, Body Roll

1&2& Low Kick Right fwd.(1), Step Right beside left (&) Low Kick Left fwd. (2) Step Left beside right (&)
3-4 Kick Right across left twice (3-4)
&5&6 Step Right foot beside left (&) Low Kick Left forward (5), Step Left beside right (&), Touch Right heel 45 degree angle forward right (6)
7-8 Leaning back keeping weight on left (7), Body Roll Up (8) weight on left

Repeat & Have Fun!!

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