

Lets Get Down

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Shirley Blankenship (USA) - July 2015
音樂: Flamin' Mamie - Koko Taylor



Cross, Step, Side Shuffles (Right & Left)

1-2 Cross Right over Left, step on left
3&4 Side Shuffle Right (RLR)
5-6 Cross Left over Right, Step on Right
7&8 Side shuffle Left (LRL)

Cross Points Forward, Cross Points Back

1-2 Cross right over (L) Point left
3-4 Cross left over (R) Point right
5-6 Cross right behind (L) Point left
7-8 Cross left behind (R) Point Right

Add a little bounce and snap your fingers as you do the step points

Sailor Step (Twice) 1/4 (R) Monterey

1&2 Right Sailor Step (RLR)
3&4 Left Sailor Step (LRL)
5-6 Point Right to (R) Turn 1/4 Right on(R)
7-8 Point Left to (L) step left on (L)

Kick Ball Change (Twice) (V-Step)

1&2 Kick Right Forward, Step on Ball of (R) Change Weight to (L)
3&4 Kick Right Forward, Step on Ball of (R) Change Weight to (L)
5-6 Step right out (R) Step left out (L)
7-8 Step right in beside (L) Step left in beside(R)

Repeat:

Have Fun, Enjoy
