

3/4 Time

拍數: 48 牆數: 2 級數: Intermediate waltz
編舞者: Cheryl Hosking (AUS) - August 2009
音樂: If A Waltz Ain't Three Quarter Time - Reg Lindsay : (Album: What A Ride, The Powder Works & Nashville Years)



Start Position: Feet together - with weight on L foot.
Starts on vocals – 12 counts in.

SIDE WALTZ, TURN 90° L – WALTZ FORWARD

1,2,3 R side basic waltz – step R to R side, step L beside R, step R beside L,
4,5,6 Turning 90 degrees L – L basic waltz forward – stepping L, R, L,

ROLLING VINE R, WALTZ FORWARD

1,2,3 Travelling R - turning 360 degrees (full turn) R – stepping R, L, R,
4,5,6 Basic waltz forward – stepping L, R, L,

WALTZ BACK, ROLLING VINE L.

1,2,3 Basic waltz back – stepping R,L,R,
4,5,6 Travelling L - turning 360 degrees (full turn) L – stepping L, R, L,

STEP, STEP/PIVOT, STEP, 90° L STEP FORWARD, STEP 180° STEP BACK

1,2,3 Step R forward, step L forward pivoting 180 degrees R, step R forward,
4,5,6 Step L forward starting to turn 90 degrees L, step R forward pivoting a further 180 degrees L
on balls of both feet, step L slightly back,

WALTZ FORWARD, WALTZ BACK.

1,2,3 Basic waltz back – stepping R, L, R,
4,5,6 Basic waltz forward – stepping L, R, L,

90° L – WALTZ BACK, WALTZ FORWARD.

1,2,3 Turning 90 degrees L – step R back, step L beside R, step R beside L,
4,5,6 Basic waltz forward – stepping L, R, L,

90° L – WALTZ BACK, WALTZ FORWARD.

1,2,3 Turning 90 degrees L – step R back, step L beside R, step R beside L,
4,5,6 Basic waltz forward – stepping L, R, L,

STEP, STEP/PIVOT, STEP, 360° R FULL TURN FORWARD

1,2,3 Step R forward, step L forward pivoting 180 degrees R, step R forward,
4,5,6 Travelling forward turning 360 degrees (full turn) L – stepping L, R, L.

[48] REPEAT DANCE IN NEW DIRECTION