

I'm Worth It Too

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Improver
編舞者: Elaine Cook (CAN) - July 2015
音樂: Worth It (feat. Kid Ink) - Fifth Harmony : (Album: Reflection, Deluxe)



Intro: □16 Counts (Starts with Left Foot)

L Side, Behind, & Heel & Cross, R Side, Behind, & Heel & Cross

1-2 Step L to L side, step R behind L
&3&4 Step L to L side, touch R heel forward, step R back, step L across R
5-6 Step R to R side, step L behind R
&7&8 Step R to R side, touch L heel forward, step L back, step R across L

L Back Turn ½ R, L Shuffle Fwd, R ¼ Pivot L, R ¼ Pivot L

1-2 Step L Back, turn ½ R stepping R forward
3&4 Step L forward, step R next to L, step L forward
5-8 Step R forward, pivot ¼ L with weight to L, Repeat. (can be done as body rolls)

R Shuffle Fwd, L Pivot ½, L Rock Step, L Coaster

1&2 Step R forward, step L next to R, step R forward
3-4 Step L forward, pivot ½ R
5-6 Step L forward, recover on R
7&8 Step L back, step R beside L, step L forward

R Heel & Heel & Heel & Touch, 4 Sways (LRLR)

1&2& Touch R heel fwd, step R back, touch L heel fwd, step L back
3&4 Touch R heel forward, step R back, touch L beside R
5-8 Sway, shifting weight, LRLR

Optional Ending:

Dance is danced 11 times and will end at the back (6:00).
To end at 12:00, do a L Pivot ½ R

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