

A Real Good Way

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Lesley Clark (SCO) - July 2015
音樂: A Real Good Way to Wind Up Lonesome - James House



Intro: 16 count intro from heavy beat.....start on vocals
Tag: At the end of walls 5 & 9 add a Right Rocking Chair

CHASSE, ROCK, RECOVER, CHASSE, ROCK, RECOVER

1&2 Step right to right side, step left next to right, step right to right side
3-4 Rock back on left, recover on right
5&6 Step left to left side, step right next to left, step left to left side
7-8 Rock back on right, recover on left

STEP, TURN, STEP, CLAP, STEP, 1/4 TURN, STEP, CLAP

1-2 Step forward on right, ½ turn left
3-4 Step forward on right, hold clap
5-6 Step forward left, ¼ turn right
7-8 Cross step left over right, hold clap

STEP, TOGETHER, SHUFFLE, STEP, TOGETHER, SHUFFLE

1-2 Step right to right side, step left next to right
3&4 Step forward on right, step left next right, step forward right
5-6 Step left to left side, step right next to left
7&8 Step back on left, step right next to left, step back on left

½ TURN SHUFFLE X2, ROCK, RECOVER, KICK-BALL CHANGE

1&2 ½ turn right stepping forward on right, step left next right, step forward on right
3&4 ½ turn right stepping back on left, step right next left, step back on left
5-6 Rock back on right, recover on left
7&8 Kick right foot forward, step back in place, step on left

Start Again.....Happy dancing.....
