

# Kindness Boomerang

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 2      級數: Intermediate  
編舞者: Winston Yew (SG) - July 2015  
音樂: "One Day (Life Vest Inside)(Kindness Boomerang)" by Matisyah



Intro: 16 Counts 【00:12】

§1: BACK/KICK-SWEEP, BEHIND, ¼ L FWD BASIC, ¼ L BACK TOG., CROSS ROCK, RECOVER, ¼ R FWD, ¼ R SIDE, BEHIND ROCK

1 2            Step L back kick-sweep R back, cross R behind L  
3&4           1/8 L step L fwd, 1/8 L close R tog. L, close L tog. R 【9:00】  
&567          1/8 L step R back, 1/8 L close L tog. R 【6:00】  
6 7            Cross R rock over L, recover L  
8&1           ¼ R step R fwd, ¼ R step L to L, cross rock R behind L 【12:00】

§2: RECOVER, ¼ L, SIDE, JAZZ BOX WITH CROSS, ½ R PRIZZY WALK, PRIZZY WALK, RUN RUN RUN  
□COVERING ½ R CIRCLE

2&3           Recover L, ¼ L step R back, step L to L 【9:00】  
&4&5          Cross R over L, step L back, step R back, cross L over R  
6 7            ½ R cross R over L, 1/8 R cross L over R \*\* 【4:30】

\*\* Restart here on wall 5 facing 6:00 after adding:

\*\*8(1)□□1/8 R rock R fwd, (recover L sweep-kick R as 1st count of Restart wall)

8&1           1/8 R run R fwd, 1/8 R run L fwd, 1/8 R run R fwd 【9:00】

§3: FWD, ½ L BACK, ¼ L SIDE, CROSS ROCK, RECOVER, SIDE, CROSS ROCK, RECOVER, SIDE,  
CROSS, ¼ R BACK, ¼ R SIDE

2&3           Step L fwd, ½ L step R back, ¼ L step L to L 【12:00】  
4&5           Cross rock R over L, recover L, step R to R  
&6&7          Cross rock L over R, recover R, step L to L, cross R over L  
8&            ¼ R step L back, ¼ R step R to R 【6:00】

§4: CROSS ROCK, RECOVER, BALL, CROSS ROCK, RECOVER, BALL, BACK ROCK, RECOVER, ½ R  
BACK, BACK ROCK, RECOVER, ½ L BACK

1 2&           Cross rock L over R, recover R, close L tog. R  
3 4&           Cross rock R over L, recover L, close R tog. L  
5 6&           Rock L back, recover R, ½ R step L back 【12:00】  
7 8&           Rock R back, recover L, ½ L step R back 【6:00】

REPEAT

Contact: [wylinedancing\\_99@live.com](mailto:wylinedancing_99@live.com)