I Saw The Sign



拍數: 32 編數: 4 級數: High Beginner

編舞者: Irene Yeo (CN) - April 2015 音樂: The Sign - Ace of Base



Dance starts after 16 counts

INTRO/TAG 1: 4 X 8 + 4 COUNTS

Section 1: ☐ Side Touch, Together – 2X, Forward Touch, Together – 2X

Touch RF to R, Step RF together, Touch LF to L, Step LF together

Touch RF fw, Step RF together, Touch LF fw, Step LF together

Section 2: ☐ Touch, Step Together – 2X

Touch RF diagonally fw to left then touch back (11:30)
Touch RF diagonally fw to left, step RF together
Touch LF diagonally fw to right then touch back (1:30)
Touch LF diagonally fw to right, step LF together

Section 3: □Repeat Section 1

Section 4: □ Repeat Section 2

TAG 1: 4 counts: □Full Turn Star Step

1& Turn ¼ with weight on LF & Touch RF to side (1), Hitch RF (&) (9:00)

2& 3& 4& Repeat Step 1& (6:00) (9:00) (12:00)

DANCE (4 x 8)

Section 1: □Walk Forward, Side Mambo – 2X

1 2 3 4 Walk fw on R, L, R, Step LF together

5 & 6Rock RF to R, recover on LF, Step RF next to L7 & 8Rock LF to L, recover on RF, Step LF next to R

Section 2:□Walk Back, Basic Night Club R then ¼ turn L

1 2 3 4 Walk back on R, L, R, Step LF together

5 & 6 Step RF to R, Step LF behind RF, recover on RF

7 & 8 Turn 1/4 L & Step LF to L, Step RF behind LF, recover on LF

Section 3: ☐V Step, Kick Ball Touch – 2X

1 2 3 4 Step RF diagonally fw, step LF to L, Step RF back, Step LF beside RF

5 & 6Kick RF fw, Step on ball of RF, Touch LF behind RF7 & 8Kick LF fw, Step on ball of LF, Touch RF behind LF

Section 4: ☐ Pivot ½ Turn, Kick Ball Step, Toe Struts to R then L, Small Jump

1 2 Step RF fw, turn ½ L weight on LF

3 & 4 Kick RF fw, Step on Ball of RF, Step LF fw

Touch R toe to R side, Step RF in place, Touch L Toe to L side, Step LF □in place
 Small jump with both legs apart (slightly bend knee), Jump with both legs together

Tag 2: □ □ After Wall 2 (6:00) 4 Counts + 2 x 8

~4 counts□Full Turn Star Step Section 1□Refer Tag 1 Section 1

Section 2□Refer Tag 1 Section 2

Tag 3: □ □ After Wall 4 (12:00) 4 Counts + 4 x 8

~4 counts□Full Turn Star Step Section 1-4□Refer Tag 1 Section 1 – 4

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