Growing Up

拍數: 64 **牆數:** 2 **級數:** Beginner Contra
編舞者: Lily Cheng (CN) - July 2015
音樂: Carrot mustache (poil de carollte) by Xusong

Intro: 16 counts from first heavy beat in music

(1-8)Right Rumba box step
1-2-3-4 Step R to R, Step L beside R, Step forward, Hold
5-6-7-8 Step L to L, Step R beside L, Step L back
Contra:This part always face to your partner.

(9-16)L Point, Point over, Point, Hold, Roll body, Stomp, Hold
1-2-3-4 Point R to R side, Point R over L knee, Point R to R, Hold
5-6-7-8 Roll body to R(5,6), Step L beside R, Hold
Contra:This part always face to your partner.

(17-24)Right Rolling Vine, Hitch, Point, Touch, 1/2 Pivot turn
1-2-3-4 1 /4 turn R stepping R forward, 1/4 turn R stepping L to L,1/2 turn R stepping R forward, Touch L beside R
5-6-7-8 Hitch L, Point L to L, Touch L behind R, 1/2 pivot turn(weight on R)
Contra: At 1-4 you will pass your partner's L side, then back to your partner. At count 8 face the partner again.

(25-32) Weave Step, Long step, Hold, Stomp, Hold
1-2-3-4 Cross L over R, Step R to R, Cross L behind R, recover on L
5-6-7-8 Long Step to L, Hold, Stomp R beside L, Hold
Contra: When finish the count 5, you will on the partner's R diagonal.

(33-40) Shuffle, 1/4 turn with flick, Shuffle, Hold
1-2-3-4 Step R forward, Step L beside R, Step R forward, 1/4 turn R with Flick L behind R knee
5-6-7-8 Step L forward, Step R beside L, Step L forward, Hold
Contra: At 1-4 you will pass your partner's R side.

(41-48)Jazz box step(X2)
1-2-3-4 1 /8 turn R with cross R over L, Step L back, Step R to R, Step L to L
5-6-7-8 1 /8 turn R with cross R over L, Step L back, Step R to R, Step L to L
Contra: When finish the part, you will on the partner's R diagonal.

(49-56)Forward, Hook, Forward, Hook, Jazz box step
1-2-3-4 Step R forward, Hook L back, Step L forward, Hook R back
5-6-7-8 Cross R over L, 1/4 turn R stepping L to L, 1/4 turn R stepping R to R, Hold
Contra: At count 1-4 you will pass your partner's R side.

(57-64)Samba Step(X2), Stomp
1-2-3-4 Cross L over R, Step R to R, Step L in place, Hold
5-6-7-8 Cross R over L, Step L to L, Step R in place, Stomp L
Contra: When finish count 4,you on your partner's L side.

Have fun!

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