Lean Way Back

COPPER KNOB

拍數: 32

牆數:4

級數: Beginner

編舞者: Malene Jakobsen (DK) & Rachael McEnaney (USA) - June 2015

音樂: High Time - Kacey Musgraves : (Album: Pageant Material - 2:57)



Count In: 32 counts from start of track, begin at approx 0.16mins Approx bpm Notes: A special thanks to Rachael's mum for suggesting the music.

[1 – 8] R fwd, L 1 2 & 3 4 5 6 & 7 8	touch & clap twice, 1/4 L, R touch & clap, R fwd, L touch & clap twice, 1/4 L, touch/hold & clap Step R forward (1), touch L next to R as you clap hands twice (2&) 12.00 Make ¼ turn left stepping L to left side (3), touch R next to L as you clap hands (4) 9.00 Step R forward (5), touch L next to R as you clap hands twice (6&) 9.00 Make ¼ turn left stepping L to left side (7), touch R next to L (or hold if you prefer) as you clap hands once (8)
[9 – 16] Serpiente – R cross, L sweep, L cross, R side, L behind, R sweep, R behind, L side	
12	Step R slightly forward and across L (1), sweep L from back to front (2) 6.00
3 4	Cross L over R (3), step R to right side (4) 6.00
56	Cross L behind R (5), sweep R from front to back (6) 6.00
78	Cross R behind L (7), step L to left side (8) 6.00
[17 – 24] R cross, L kick, L behind, R side, L cross, R kick, R behind, ¼ turn L	
12	Cross R over L (1), kick L to left diagonal (2), 6.00
3 4	Cross L behind R (3), step R to right side (4) 6.00
56	Cross L over right (5), kick R to right diagonal (6) 6.00
78	Cross R behind L (7), make ¼ turn left stepping forward L (8) 3.00
[25 – 32] R forward rock, big step back R, kick L, L coaster step, R brush	
12	Rock forward R (1), recover weight L (2) 3.00
3 4	Step back R (3), kick L (4) 3.00
567	Step back L (5), step R next to L (6), step forward L (7) 3.00
8	Brush R next to L (weight L) (8) 3.00
TAG At the end of the 7th wall, do the 4 count tag below. You will be facing 9.00 to do the tag.1 2 3 4Step R forward (1), brush L (2), step L forward (3), brush R (4) 9.00START AGAIN – HAVE FUN	
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