Good OI' Fashioned Love



拍數: 64 牆數: 2 級數: Beginner

編舞者: Margaret Fox (UK) - June 2015

音樂: Good OI Fashioned Love - The Overtones



Intro: 16 counts

Section 1: 3 walks forward, kick, 3 walks back, touch

1-4 Walk forward right, left, right and kick left forward5-8 Walk back left, right, left and touch right next to left

Section 2: Vines right and left (or Rolling turns right and left)

Step right side, cross left behind right, step right side, touch left next to right
 Step left side, cross right behind left, step left side, touch right next to left

Section 3: Cross rocks step and hold right and left

1-4 Rock right over left, recover on left, step right to side and hold

5-8 Rock left over right, recover on right, step left side and touch right next to left

Section 4: Rumba Box

Step right side, step left next to right, step right forward, hold
Step left side, step right next to left, step left back, hitch right

Section 5: Steps back with hitches and coaster

1-4 Step right back, hitch left, step left back, hitch right

5-8 Step right back, step left next to right, step right forward, sweep left forward

Section 6: Jazz boxes left and right

Step left across right, step right back, step left side, sweep right forward
 Step right across left, step left back, step right side, step left next to right

Section 7: 2 x forward and out, back and together (V Boxes)

Step right forward and out, step left forward and out, step right back, step left together
 Step right forward and out, step left forward and out, step right back, step left together

Section 8: 2 Monterey 1/4 turns right

1-2 Point right side, turn 1/4 right on left and step right next to left,

3-4 Point left side, step left next to right,

5-8 Repeat 1-4

(Option for absolute beginners point and together right and left twice making a 1 wall dance)

Repeat

Ending the dance ends on count 8 section 4 cross right over left and unwind ½ turn left to face the front.

Contact: margaret.fox37@gmail.com