

Better Life

拍數: 32 牆數: 4 級數: Beginner
編舞者: Lesley Klewinghaus (DE) - June 2015
音樂: Better Life - Keith Urban : (Album: The Story So Far)



Intro: 24 counts

[1 – 8] □ CHASSE RIGHT, BACK ROCK, ROCKING CHAIR

1&2 Step right to side, step left together, step right to side
3-4 Rock left behind right, recover on right
5-6 Rock forward on left, recover on right
7-8 Rock back on left, recover on right

[9 – 16] □ LEFT SHUFFLE FORWARD, JAZZ BOX ¼ TURN RIGHT, ½ PIVOT TURN

1&2 Step L forward, step R beside left, step L forward
3-4 Step R across L, step L back
5-6 Step R to side of L turning ¼ right, step L next to R (facing 3)
7-8 Step R forward, turn ½ left moving weight to left (facing 9)

[17 – 24] □ STOMP RIGHT FOOT TWICE WITH HAND CLAPS, HEEL DIG LEFT FOOT TWICE, BEHIND, SIDE CROSS, POINT RIGHT LEG

1-2 Stomp R twice besides L while clapping hands twice
3-4 Dig L heel twice besides R
5-6 Step L behind right, step right to side
7-8 Step L over right, point R to side

[25 – 32] □ RIGHT MAMBO FORWARD, STEP TO SIDE, LEFT MAMBO FORWARD, STEP TO SIDE, SCUFF STEP TWICE

1&2 Rock R forward, recover on L, step R to side of L
3&4 Rock L forward, recover on R, step L to side of R
5-6 Scuff R foot, step forward on right
7-8 Scuff L foot, step forward on left

Just DANCE and have fun

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