Touch Me



拍數: 64 牆數: 2 級數: Advanced

編舞者: Lesley Klewinghaus (DE) - June 2015

音樂: Love Me Like You Do - Ellie Goulding: (Album: Fifty Shades Of Grey)



Intro: Start on the lyrics "You're the light" (approximately 20 seconds into track)

[1 – 9]□STEP ¼ R, ½ PIVOT TURN R, ¼ TURN CHA CHA L, ROCK BACK, CHA CHA R

1 Step R ¼ right (facing 3)

2-3 Step L forward, turn ½ R shifting weight to R

4&5 Chasse left, right, left turning ½ to left side (facing 12)

6-7 Rock R back, recover L

8&1 Chasse right, left, right to right side

[10 - 17] WALK L, WALK R, SHUFFLE FORWARD, STEP TURN 1/4, CROSS SHUFFLE

2-3 Step L forward, step R forward

4&5 Step L forward, step R beside L, step L forward

6-7 Step R forward, turn ¼ L transferring weight to left (facing 9)

8&1 Cross shuffle R over L, stepping R-L-R

[18 - 24]□FULL ONTEREY TURN, 3 POINTS, LOCK STEP BACK

2-3 Point L to left side, pull L in towards R doing a full turn placing L next to R (facing 9)

4-5-6 Point R to side, point R forward, point R to side 7&8 Step R back, cross step L over R, step R back

[25 – 32] STEP, TURN ½ LEFT, ½ TURN LEFT SHUFFLE FORWARD, ½ PIVOT TURN L, FULL TURN RIGHT

1-2 Step L forward, turn ½ left stepping R back (facing 3)

3&4 Step ½ left stepping L forward, step R beside L, step L forward (facing 9)

5-6 Step R forward, turn ½ L shifting weight to L (facing 3)

7-8& Step R forward, turn ½ R stepping L back, turn ½ R stepping R forward(facing 3) **

** Restart 1 is here (wall 2), the '&' count will become count 1 of the new wall, start dance again facing 6

[33 - 41] STEP 1/4 R, HOLD, STEP, HOLD, STEP, FORWARD ROCK, RECOVER, CHA CHA R

1-2 Step L forward turning ¼ R (facing 6), hold &3-4 Step R next to L, step L to side, hold

&5 Step R next to L, step L to side

6-7 Rock R forward in front of L, recover on L

8&1 Chasse right, left, right to right side

[42 - 48] STEP 1/4 R, RECOVER, CHA CHA L, 1/4 BACK ROCK, POINT

2-3 Step L ¼ R stepping left over right, recover on R (facing 9)

4&5 Chasse left, right, left to left side

6-7-8 Rock right back turning ¼ R (facing 9), recover on L, point R to side (facing 6)***

***Tag and Restart occurs here on Wall 5, after count 48

Do the Tag as follows:-

1-2 Hold right to side, sway hip to right, shifting weight to right

3 4& Sway hips left, right, left (weight ends on left)

Start dance again facing 12 on the words "Love me'

[49 – 57] HOLD, SHUFFLE FORWARD X2, MAMBO SIDE X2

1-2&3 Hold R to side, step R forward, step L beside R, step R forward

4&5	Step L forward, step R beside L, step L forward
6&7	Rock R forward, recover on L, step R to side of L
8&1	Rock L forward, recover on R, step L to side of R

[58 – 64] CROSS, FULL SPIRAL TURN, SIDE ROCK FORWARD STEP X2, STEP

2-3 Cross R over L, do a full spiral turn over left shoulder shifting weight to R

4&5 Rock L to side, recover on R, step L forward6&7 Rock R to side, recover on L, step R forward

8 Step L forward

Just DANCE and have fun!

Contact: justdance@mweb.co.za