

Miley

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Bambang Satiyawan (INA) & Nurjanah Khan (INA) - June 2015
音樂: Twerk It Like Miley (feat. Christopher) (Country version) - Brandon Beal



Start dance on lyric (after 32 counts)

I. ROCK RECOVER-CLOSE-FORWARD-SYNCOPATED SCISSOR

1 – 2&3 Rock R forward, Recover on L, Close R beside L, Step L forward
4&5 Step R to side(slightly back), Close L slightly behind R, Cross R over L
&6& Step L to side(slightly back), Close R slightly behind L, Cross L over R,
7 - 8& Step R to side(slightly back), Close L slightly behind R, Cross R over L

II. TURN-BACK-SWEEP-COASTER STEP WITH BENT-KICK-HEEL TOUCH-PIVOT

1 Turn ¼ right step L slightly back and sweep your R to back,
2&3 Step R back, Close L beside R, Step L forward and bent your knee
4&5 Move up and Kick L forward, Close L beside R, Touch R heel forward
&6& Close R beside L, Touch L heel forward, Close L beside R
7 – 8 Step R forward, Turn ½ left step L in place

***RESTART HERE ON WALL 7**

III. SIDE-TOUCH-SIDE-TOUCH-TOUCHES-SIDE-BACK DIAGONAL WALK

1&2& Step R to side, Touch L beside R, Step L to side, Touch R beside L
3&4 Touch R to side, Touch R beside L, Step R to side
5 – 6 Step L back diagonal, Step R back diagonal
7 - 8 Step L back diagonal, Step R back diagonal

IV. CROSS MAMBO-CROSS MAMBO-TAP HEEL-HAND AND BODY WAVE

1&2 Cross L over R, Step R in place, Step L to side
3&4 Cross R over L, Step L in place, Step R to side
5 – 6 Tap L heel, Tap L heel
&7 - 8 Open and Wave your R hand to side(like a snack moving) and continue with body wave

***Restart on wall 7 after 16 counts**

Enjoy the dance.

Contact : bambang.1709@gmail.com