

Part of Me

COPPERKNOB
STEPSHEETS

拍數: 48
編舞者: Ria Vos (NL) - June 2015
音樂: Part of Me - Lara Fabian

牆數: 2

級數: Intermediate / Advanced



Intro: 16 Counts (± 14 sec.)

S1: Rock Back, Full Turn L, Weave L, Behind-Side, Cross Rock, Side Rock 1/8 L, Step Back

1-2 Rock Back on R, Recover on L,
&3 ½ Turn L Step Back on R, ½ Turn L, Step Fwd on L Sweeping R from Back to Front
4&5 Cross R Over L, Step L to L Side, Step R Behind L Sweeping L from Front to Back
6& Step L Behind R, Step R to R Side
7& Cross Rock L Over R, Recover on R
8&1 Rock L to L Side, Recover on R Turning 1/8 L, Step Back on L

S2: Back, 1/8 L Side, Cross Rock, ¼ R, Step Spiral, Step/Press, Coaster Step, Touch

2&3 Step Back on R, 1/8 Turn L Step L to L Side, Cross Rock R Over L
4& Recover on L, ¼ Turn R Step Fwd on R
5-6 Step Fwd on L Spiral Turn Full Turn R, Step/Press Fwd R
7&8 Step Back on L, Step R Next to L, Step Fwd on L
& Touch R Behind L Heel

S3: Back with Sweep, Behind-Side-Cross, ¼ L, ¼ L Sway L-R-L, ¼ R, ½ R, ½ R, ¼ R

1 Step Back on R Sweeping L from Front to Back
2&3 Step L Behind R, Step R to R Side, Cross L Over R
&4 ¼ Turn L Step Back on R, ¼ Turn L Step and Sway L to L Side
5-6 Sway R to R Side, Sway L to L Side
7& ¼ Turn R Step Fwd on R, ½ Turn R Step Back on L
8& ½ Turn R Step Fwd on R, ¼ Turn R, Step L to L Side

S4: Back Rock, ¼ L, Back with Sweep, Behind, ¼ L, Step Fwd, Pivot ¾ Turn L, Weave R

1-2& Cross Rock Back on R, Recover on L, ¼ Turn L Step Back on R
3 Step Back on L Sweeping R from Front to Back
4&5 Step R Behind L, ¼ Turn L Step Fwd on L, Step Fwd on R
6 Pivot ¾ Turn L Transferring weight Back to L
7& Step R to R Side, Step L Behind R
8& Step R to R Side, Cross L Over R

S5: Basic R, Basic L, ¼ Turn L Side, Behind, Side Cross Rock, Full Turn L

1-2& Step R Long Step to R Side, Step L Behind R, Cross R Over L
3-4& Step L Long Step to L Side, Step R Behind L, Cross L Over R
5-6& ¼ Turn L Step R to R Side, Step L Behind R, Step R to R Side
7& Cross Rock L Over R, Recover on R
8& ¼ Turn L Step Fwd on L, ½ Turn L Step Back on R

S6: Basic L, Basic R, ¼ Turn R Side, Behind, Cross Rock, ¼ R, ½ R

1-2& ¼ Turn L Step L Long Step to L Side, Step R Behind L, Cross L Over R
3-4& Step R Long Step to R Side, Step L Behind R, Cross R Over L
5-6& ¼ Turn R Step L to L Side, Step R Behind L, Step L to L Side
7& Cross Rock R Over L, Recover on L
8& ¼ Turn R Step Fwd on R, ½ Turn R Step Back on L

Contact: dansenbijria@gmail.com
