

A La Tienne

拍數: 32 牆數: 2 級數: Easy Intermediate
編舞者: Geneviève CARRÈRE (FR) & Jacky CARRÈRE (FR) - May 2015
音樂: A la tienne - Dominique Barret : (Album: SI OU DI OUI)



Or any sega song

INTRO 32 counts, NO TAG NO RESTART

S1) CHASSE RIGHT RLR, CHASSE LEFT LRL with hip bumps and moving forward on R & L diagonals, CROSS SAMBA RLR, CROSS SAMBA LRL moving forward

- 1&2 Step R to R, step L together, step R to R, with bumps RLR, moving forward diagonally R - facing 10h30
3&4 Step L to L, step R together, step L to L, with bumps LRL, moving forward diagonally L - 1h30
5&6 Cross RF in front of L, step L to L, step R to R & slightly forward - 12h
7&8 Cross LF in front of R, step R to R, step L to L & slightly forward

S2) CHASSE RIGHT RLR, CHASSE LEFT LRL with hip bumps and moving back on R & L diagonals, SAILOR STEP RLR, SAILOR STEP LRL moving back

- 1&2 Step R to R, step L together, step R to R, with bumps RLR, moving back diagonally R - 1h30
3&4 Step L to L, step R together, step L to L, with bumps LRL, moving back diagonally L - 10h30
5&6 Cross R behind L, step L to L, step R to R & slightly back - 12h
7&8 Cross L behind R, step R to R, step L to L & slightly back

S3) CROSS ROCK, SIDE ROCK, CROSS SHUFFLE DGD, FLICK LF, CROSS ROCK, SIDE ROCK, CROSS SHUFFLE GDG

- 1&2& Cross R in front of L (1), recover on L (&), step R to R (2), recover on L (&) 12h
3&4& Cross R in front of L (1), step L to L (&), cross R in front of L (2), flick LF while turning ¼ turn right (&)
5&6& Cross L in front of R (5), recover on R (&), step L to L (6), recover on R (&)
7&8 Cross L in front of R (7), step R to R (&), cross L in front of R (8)

S4) CHASSE RIGHT bumps RLR, ½ TURN R WITH HITCH L KNEE, CHASSE LEFT bumps LRL, HEEL JACK RIGHT, HEEL JACK LEFT (VAUDEVILLE)

- 1&2& Step R to R (1), step L together (&), step R to R (2), with bumps RLR, ½ turn R hitching L (&) 6h
3&4 Step L to L (3), step R together (&), step L to L (4) with bumps LRL
5&6& Cross R in front of L (1), step L to L & slightly back (&), touch R heel to R diag (6), close R next to L (&)
7&8& Cross L in front of R (7), step R to R & slightly back (&), touch left heel to L diag (8), close L next to R (&)

Final : Sec 4 chassé R Hitch chassé left facing 12 (without making the half turn R)

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