

Lay It Right

拍數: 32 牆數: 4 級數: Intermediate
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音樂: Lay It Right - Speelburg : (Album: Lay It Right-EP)



With 3 Restarts occurring after count 16 on rotations 2, 7 and 11

#16 count intro to start just before lyrics

[1-8] STEP, HOOK, STEP DOWN, SAILOR, BEHIND, SIDE, CROSS, UNWIND ½ RIGHT, ½ RIGHT

a-1-2 a) Step R a tiny step fwd; 1) Touch L toe behind and to right of R; 2) Step down on L
3&4 Sailor Step - 3) Step R behind L; &) Step L to left; 4) Step R to right
5&6 5) Step L behind R; &) Step R to right; 6) Step L across R
7-8 7) Unwind ½ turn right taking weight on R; 8) Turn ½ right stepping L beside R [12:00]

[9-16] ½ RIGHT, HOLD, ¼ RIGHT STEP, PIVOT, TRIPLE FWD, STEP, PIVOT

1-2 1) Turn ½ right stepping R to right; 2) Hold [6:00]
3-4 3) Turn ¼ right stepping L fwd; 4) Turn ½ right taking weight on R [3:00]
5&6 Triple Fwd - 5) Step L fwd; &) Step ball of R to L; 6) Step L fwd
7-8 7) Step R fwd; 8) Turn ½ left taking weight L [9:00]

[17-24] ¼ LEFT w/BUMP, ¼ LEFT, ¼ LEFT w/BUMP, ¼ LEFT, STEP, PIVOT, TRIPLE FWD

1-2 1) Turn ¼ left touching R to right bumping hips right; 2) Turn ¼ left stepping back on R [3:00]
3-4 3) Turn ¼ left touching L to left bumping hips left; 4) Turn ¼ left stepping forward on L [9:00]
5-6 5) Step R fwd; 6) Turn ½ left taking weight on L [3:00]
7&8 Triple Fwd - 7) Step R fwd; &) Step ball of L to R; 8) Step R fwd

[25-32] ¼ RIGHT BIG STEP, DRAG, CROSS ROCK, RECOVER, ¼ RIGHT, PREP, ½ LEFT, ½ LEFT

1-2 1) Turn ¼ right stepping L a big step left; 2) Drag R toward L [6:00]
3-4 3) Cross rock R over L; 4) Recover to L
5-6 5) Turn ¼ right stepping R fwd; 6) Step L fwd prepping for left turn [9:00]
7-8 7) Turn ½ left stepping R back; 8) Turn ½ left stepping L fwd [9:00]

Ending: The last rotation starts facing the original 12 O'clock wall. You will dance counts 1-31 as written above and replace count 32 with the following:-

(8) Turn ¼ left stepping L fwd toward 12 O'clock

There is one more beat of music so add the following steps to finish:

(a) Step R a tiny step fwd; 1) Touch L toe behind and to right of R

Enjoy!

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