

Shut Up And Dance!!!

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Paul Snooke (AUS) - June 2015
音樂: Shut Up and Dance - WALK THE MOON : (Album: Talking is Hard)



Dance Sequence: 48,48,40,48,40,48,48,16,48,24

[1-8] R FWD, L FWD, R SHUFFLE, L FWD, PIVOT ¼ R, L CROSS SHUFFLE

1-2-3&4 Step right forward, Step left forward, Shuffle forward R-L-R (12:00)

5-6-7&8 Step left forward, pivot ¼ right on right foot, Shuffle crossing left over right L-R-L (03:00)

[9-16] R SIDE, ½ TURN L, R CROSS SHUFFLE, L DIAGONAL, REPLACE, BEHIND, SIDE, CROSS

1-2-3&4 Step right to right side, Turning ½ left step left to left side, Shuffle crossing right over left R-L-R (09:00)

5-6-7&8 Step left to left diagonal forward, Replace weight to right, Step left behind right, Step right to right side**Dance, Cross left over right (09:00)

[17-24] R SIDE, BEHIND & L HEEL, BEHIND & R HEEL, R SIDE, L CROSS, REPLACE, ¼ L FWD

1-2&3&4& Step right to right side, Step left behind right, Step right to right side, Place left heel on the diagonal, Step left to left side, Step right behind left, Step left to left side (09:00)

5&6-7-8 Place right heel on the diagonal, Step right to right side, Step left over right, Replace weight to right, Turning ¼ left step left forward (06:00)***

[25-32] R ½ SHUFFLE, L ½ SHUFFLE, R FWD, REPLACE, ½ R FWD, L FWD

1&2-3&4 Turning ½ left shuffle forward R-L-R, Turning ½ left shuffle back L-R-L (06:00)

5-6-7-8 Step right forward, Replace weight to left, Turning ½ right step right, Step left forward (12:00)

[33-40] R FWD, L STOMP, L BALL CHANGE, L SCUFF, L FWD, REPLACE, L ½ SHUFFLE

1-2&3-4 Step right forward, Stomp left together (do not take weight), Step left back, Step right forward, Scuff left forward (12:00)

5-6-7&8 Step left forward, Replace weight to right, Turning ½ left shuffle back L-R-L (06:00)*

[41-48] R CROSS, REPLACE, R ¼ SHUFFLE, L FWD, REPLACE, L ¼ SHUFFLE

1-2-3&4 Cross right over left, Replace weight onto left, Turning ¼ right shuffle forward side R-L-R (09:00)

5-6-7&8 Step left forward, replace weight onto right, Turning ¼ left shuffle to L side L-R-L (06:00)

RESTART: On wall 3 & 5 Restart the dance after 40 counts of the dance, you will be facing the back (*)

TAG: On wall 8 after the first 14 counts, you will be facing 9:00, do the following 2 counts and Restart the dance.

15&16 Step L behind R, Turning ¼ R step R forward, Step L forward

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Last Update – 21st Oct. 2015