The Young Ones



拍數: 64 牆數: 2 級數: High Beginner

編舞者: Jennifer Choo Sue Chin (MY) - June 2015

音樂: The Young Ones - Cliff Richard



Start dance after 4x8's.

SET 1: WALK HOLD, WALK HOLD, SHUFFLE FWD, HOLD□End Facing	
1-4 Step RF fwd, hold, Step LF fwd, hold □ 12:00	
5-8 Step RF fwd, Step LF next to RF, Step RF fwd, hold ☐ 12:00	
SET 2: STEP HOLD, 1/2R PIVOT HOLD, SHUFFLE FWD, HOLD	
1-4 Step LF fwd, Hold, ½R pivot shifting weight onto RF, hold □6:00	
5-8 Step LF fwd, Step RF next to LF, Step LF fwd, hold ☐ 6:00	
SET 3: FORWARD ROCK, SIDE ROCK, BEHIND SIDE CROSS, HOLD	
1-4 Rock RF fwd, Recover on LF, Rock RF to R, Recover on LF ☐ 6:00	
5-8 Step RF behind LF, Step LF to L, Cross RF over LF, Hold ☐ 6.00	
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SET 4: FORWARD ROCK, SIDE ROCK, BEHIND SIDE CROSS, HOLD	
1-4 Rock LF fwd, Recover on RF, Rock LF to L, Recover on RF ☐ 6:00	
5-8 Step LF behind RF, Step RF to R, Cross LF over RF, Hold ☐ 6:00 (Dance Tag for the 2nd time here on Wall 4) ☐	
(Dance Tag for the 2nd time here on wall 4)	
SET 5: Point Clap Clap, Hold, Cross Point, Clap Clap, Hold, Fwd□	
1-2&3 Point RF to R, Clap hands twice next to L ear, hold ☐ 6:00	
4-5 Cross RF over LF, Point LF to L□6:00	
6&7-8 Clap hands twice next to R ear, hold, Step LF fwd ☐ 6:00	
SET 6: ROCK RECOVER, 1/4R SIDE CROSS, SLIDE DRAG, BACK ROCK	
1-4 Rock RF fwd, Recover on LF, ¼R Stepping RF to R, Cross LF over RF □9:00	
5-8 RF Take a big step to R, Drag LF towards RF, Rock LF back, Recover on RF□9:00	
SET 7: L TOE STRUT, R CROSS TOE STRUT, 1/4L L TOE STRUT, R FWD TOE STRUT	
1-2 Touch L toes to L diag fwd, Step down on LF □9:00	
3-4 Touch R toes to L diag fwd (cross over LF), Step down on RF □ 9:00	
5-6 1/₄L Touch L toes fwd, Step down on LF □6:00	
7-8 Touch R toes fwd, Step down on RF ☐ 6:00	
Turning Options ☐ (1-2) ½L L toe strut (6:00), (3-4) ½L R back toe strut (12:00), (5-6) ½L L fwd toe st	rut
(6:00), (7-8) R fwd toe strut (6:00) □	
(6:00), (7-8) R fwd toe strut (6:00) SET 8: 1/4L JAZZ BOX, 1/4R JAZZ BOX, HOLD	
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Start Again!

TAG: To dance after 2nd wall (start facing 12:00) and after 32 counts of 4th wall (Start facing 6:00) for the lyrics "Once in every life time..."

SET T1: POINT HOLD 3 COUNTS, HIP BUMPS 3X, CROSS
1-4 Point RF to R (look L), Hold 3 counts □ 12:00
5-8 Bump hips to L 3x, Cross RF over LF □ 12:00

SET T2: POINT HOLD 3 COUNTS, HIP BUMPS 3X, FWD

1-4 Point LF to L (look R), Hold 3 counts □ 12:005-8 Bump hips to R 3x, Step LF fwd □ 12:00

SET T3: ROCKING CHAIR, CHASE ½L TURN

1-4 Rock RF fwd, Recover on LF, Rock RF back, Recover on LF□12:00

5-8 Step RF fwd, ½L stepping on LF, Step RF fwd, hold □6:00

SET T4: JUMP OUT, HOLD, SWAY 4X

&1-4 Step LF out, Step RF out, hold for 3 counts (or bounce heels 2x on counts 3-4) □6:00

5-8 Sway R, L, R, L□6:00

^{**} Dedication: In loving memory of my beloved father.