

Fall For You

拍數: 102 牆數: 4 級數: High Intermediate waltz
編舞者: Debbie Rushton (UK) - June 2015
音樂: Fall for You - Leela James : (Album: Fall For You - 3:25)



(Don't be scared by the number of counts – most are hold steps!)

Count in: 24 counts - 10 seconds

(1-6) CROSS SWEEP ROUND, CROSS SIDE BEHIND

1 2 3 Cross L over R, Sweep R round from back to front over 2 counts
4 5 6 Cross R over L, Step L to L side, Cross R behind L

(7-12) SIDE DRAG TOUCH, ¼ TURN ½ SPIN WITH SWEEP

1 2 3 Take big step to L side, Drag R up to L over 2 counts (weight stays on L)
4 5 6 Make ¼ turn R stepping R forward, Make 5/8 turn over R shoulder sweeping R foot around
(11 o'clock)

(13-18) FORWARD ROCK, BACK ½ TURN STEP FORWARD

1 2 3 Rock forward on L, Hold for 2 counts (11 o'clock)
4 5 6 Step back on R (stay on the diagonal), Make ½ turn L stepping L forward, Step R forward (5
o'clock)

(19-24) CROSS POINT HOLD, BACK ROCK RECOVER POINT

1 2 3 Step L forward (slightly across R), Touch R out to R side, Hold 1 count (still on diagonal)
4 5 6 Rock back on R, Recover weight forward onto L, Touch R out to R side (5 o'clock)

(25-30) BEHIND SWEEP ROUND, SAILOR STEP

1 2 3 Cross R behind L, make 1/8 turn L (square up to side wall) whilst sweeping L from front to
back over 2 counts (3 o'clock)
4 5 6 Cross L behind R, Rock R out to R side, Recover weight onto L

(31-36) BEHIND SWEEP ROUND, SAILOR STEP

1 2 3 Cross R behind L, Sweep L from front to back over 2 counts
4 5 6 Cross L behind R, Rock R out to R side, Recover weight onto L

(37-42) BEHIND SIDE CROSS, ¼ TURN LIFT ½ TURN

1 2 3 Cross R behind L, Step L to L side, Cross R over L
4 5 6 Make ¼ turn R stepping back on L, Continue to make another ½ turn over R shoulder whilst
slightly lifting R leg off floor over 2 counts (12 o'clock)

(43-48) TRIPLE TURN, STEP PIVOT ¼ TURN

1 2 3 Step R forward, Make ½ turn R stepping back on L, Make ½ turn R stepping forward on R
(12 o'clock)
4 5 6 Step L forward, Pivot ¼ turn R over 2 counts taking weight onto R (3 o'clock)

(49-54) CROSS & BEHIND &

1 2 3 Cross L over R, Hold count 2, Step R to R side
4 5 6 Cross L behind R, Hold count 5, Step R to R side

(55-60) CROSS PIVOT ½ TURN

1 2 3 Cross L over R, Hold for two counts
4 5 6 Pivot ½ turn R taking weight forward onto R (your body should be slightly angled to the R
diagonal)

(61-66) CROSS & BEHIND &

1 2 3 Cross L over R, Hold count 2, Step R to R side
4 5 6 Cross L behind R, Hold count 5, Step R to R side

(67-72)CROSS PIVOT $\frac{3}{4}$ TURN

1 2 3 Cross L over R, Hold for two counts
4 5 6 Pivot $\frac{3}{4}$ turn R taking weight forward onto R (6 o clock)

***** □NOTE: The above 24 counts 'weave and turn' are easier to teach using a 'rolling count'.
Counts will be 1a2a3-4 5a6a7-8. See video to avoid any confusion**

(73-78) FORWARD, $\frac{1}{4}$ TURN $\frac{1}{4}$ TURN, BACK $\frac{1}{2}$ TURN STEP

1 2 3 Step L forward, Make $\frac{1}{4}$ turn L stepping R to R side, Make $\frac{1}{4}$ turn L stepping back on L (12 o clock)
4 5 6 Step back on R, Make $\frac{1}{4}$ turn L stepping L to L side, Make $\frac{1}{4}$ turn L stepping R forward (6 o clock)

(79-84) ROCK FORWARD, RUN BACK x3

1 2 3 Rock forward on L, Hold for 2 counts
4 5 6 Run back R, L, R

(85-90) $\frac{1}{4}$ TURN SWAY SWAY□

1 2 3 Make $\frac{1}{4}$ turn L stepping L to L side and swaying body L over 2 counts (3 o clock)
4 5 6 Sway body R over 3 counts (transferring weight to R)

(91-96) $\frac{1}{4}$ TURN SWEEP $\frac{1}{4}$ TURN, CROSS $\frac{1}{4}$ TURN $\frac{1}{4}$ TURN

1 2 3 Make $\frac{1}{4}$ turn L stepping L forward, Make $\frac{1}{4}$ turn L sweeping R round over 2 counts (9 o clock)
4 5 6 Cross R over L, Make $\frac{1}{4}$ turn R stepping L back, Make $\frac{1}{4}$ turn R stepping R to R side (3 o clock)

(97-102) STEP FULL SPIRAL STEP, STEP FULL SPIRAL STEP

1 2 3 Step L forward to R diagonal, spiral full turn over R shoulder, Step R forward (still on diagonal)
4 5 6 Step L forward to R diagonal, spiral full turn over R shoulder, Step R forward (4 clock)

To start the next wall, cross L over R on count 1, then square up to the 3 o clock wall during the sweep on counts 2-3

RESTART: During the 3rd wall, the music slows down and stops. Keep dancing the dance at normal pace. Restart the dance after 96 counts (drop the last two spiral turns) facing 9 o clock

Contact: debmcwotzit@gmail.com
