

State Lines

拍數: 48 牆數: 2 級數: Intermediate NC2S
編舞者: Paul James (UK) & David-Ian Blakeley (UK) - June 2015
音樂: State Lines - The Shires : (iTunes)



[1-9] □ Side lunge, Recover, Cross, ¼ right, ¼ right into nightclub basic, Nightclub basic.

- 1, 2, 3 Step right to right side (1), Lean all weight over on to right foot (2), Recover on to left foot (3) (12:00)
- 4 & Cross right over left (4), Make ¼ turn right stepping back on left foot (&) (3:00)
- 5, 6 & Make ¼ turn right stepping right foot to right side (5), Step left next to right (6), Cross right over left (&) (6:00)
- 7, 8 & 9 Step left to left (7), Step right next to left (8), Cross left over right (&), Step right to right side (9) (6:00)

[10-17] □ ½ Diamond sequence, Coaster step, 3x quick walks.

- 10 & 11 Make 1/8 turn left stepping back on left foot (10), Step back on right (&), Make 1/8 turn left stepping left to left (11) (3:00)
- 12 & 13 Make 1/8 turn left stepping forward on right foot (12), Cross left over right (&), Make 1/8 turn left stepping back on right (13) (12:00)
- 14 & 15 Step back on left foot (14), Step right next to left (&), Step forward on left foot (15) (12:00)
- 16 & 17 Walk forward right (16), Walk forward left (&), Walk forward right (17) (12:00)

[18-24] □ Rock forward, Recover, Back lock steps, ½ right, Step, Pivot ¾ turn right,

- 18, 19 Rock forward on left foot (18), Recover on to right foot (19) (12:00)
- 20 & 21 Step back on left foot (20), Cross right over left (&), Step back on left foot (21) (12:00)
- 22, 23 Make ½ turn right stepping forward on right foot (22), Step forward on left (23) (6:00)
- 24 Pivot ¾ turn to right (Legs will be crossed) (24) (3:00)

[25-32] □ Step left to left, Sweep, Full triple step, Rock forward on left, Recover, 2x quick walks back.

- 25, 26 Step left to left side (25), Sweep right from front round to back (26) (3:00)
- 27 & 28 Stepping in place right (27), left (&), right (28), make a full turn over right shoulder. (3:00)
- 29, 30 Slow rock forward on left foot whilst raising right arm up and forward (29, 30) (3:00)
- 31 Recover back on to right foot (31) (3:00)
- 32 & Step back left foot (32), Step back right foot (&) (3:00)

[33-40] □ ¼ turn left, Cross rock, Recover, Step, Cross rock, Recover, 3x walks making full turn, Touch

- 33 Make ¼ turn left stepping left to left side (33) (12:00)
- 34 & 35 Cross rock right over left (34), Recover on to left (&), Step right to right side (35) (12:00)
- 36 & Cross rock left over right (36), Recover on to right (&) (12:00)
- 37, 38, 39 Stepping left (37), right (38), left (39) Walk a full turn over left shoulder □ (12:00)
- 40 Touch right next to left (40) (12:00)

[41-48] □ Right to right side, Cross rock, Recover, Cross rock, Recover, ¼ turn right, Step, Pivot ½ right, ¾ turn right.

- 41, 42 & Step right to right side (41), Cross rock left over right (42), Recover on to right (&) (12:00)
- 43, 44 & Step left to left side (43), Cross rock right over left (44), Recover on to left (&) (12:00)
- 45, 46 Make ¼ turn right stepping right foot forward (45), Step forward on left foot (46) (3:00)
- 47, 48 Pivot ½ turn right changing weight to right foot (47), Bring left foot together making ¾ turn right on ball of right foot (6:00)

Tag: □ Danced only once after fourth wall.

- 1 - 4 Step, Slide, Step, Slide
- 1, 2 Step right to right (1), Slide left to right (2). Making a swaying action.

3, 4 Step left to left (3), Slide right to left (4). Making a swaying action.
End of Dance – Happy Dancing

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