

Latin Limbo

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Sally C. Fryer - June 2015
音樂: Limbo - Daddy Yankee



S1: Right foot front kick, Right side kick, Back pas de bourree, Left foot front kick, Left side kick, Back pas de bourree

- 1 right foot kick front
- 2 right foot kick to right side
- 3&4 right foot back, left foot side, right foot front (pas de bourree)
- 5 left foot kick front
- 6 left foot kick to left side
- 7&8 left foot backright foot side left foot front (pas de bourree) body is facing 45degree angle kick
back triple step

Body is now facing the 9:00 wall, head is forward arms claps behind your body

S2: & Kick back right foot & kick back left foot while turning so your body is on the 12:00 wall, your face is forward and your hands are clasped behind you Walk back while waving yourself like you're hot

- &1&2 Right foot kick back, triple step; RLR
- &3& 4 Left foot kick back. Triple step; LRL
- 5 Right foot walking back
- 6 Left walking back
- 7 Right walking back
- 8 Jump out and land with legs apart

S3: Knees in out in land with weight on left leg right leg pointed out bring in right leg slowly while popping shoulders

- 1 Knees come in
- 2 Knees go out
- 3 Knees come in
- 4 Pop so most weight is on left leg and right leg is pointed out
- 5 Left shoulder up
- 6 Right shoulder up
- 7 Left shoulder up
- 8 Right shoulder up, Feet are now together with weight on left leg

S4: Right heel grind, left heel grind, & cross right heel in front of left foot, toe pointed left, pivot 180 degrees with hip pop then 45 degrees with hip pop

- 1 Twist right toe from left to right step back on left
- 2 & Right together weight on left foot & cross left heel in front of right foot toe pointed right
- 3 Twist left toe from right to left step back on right
- 4 Step Left together weight on left foot.
- 5 Step out with right foot pop hip out
- 6 Pivot to the back
- 7 Step out with right foot pop hip out
- 8 Pivot to the side (end on 3:00 wall)

REPEAT

Contact: sallycfryer@gmail.com