Teardrops



拍數: 32 編數: 4 級數: Beginner / Improver

編舞者: Jan Brookfield (UK) - June 2015

音樂: Teardrops - George Ducas



Or "Teardrops" (a.k.a. footsteps on the dancefloor) by Womack & Womack 134 BPM

Or "I want to be a cowboy's sweetheart" by Leann Rimes, 130 BPM

Or "I heard it through the grapevine" by Marvin Gaye, 115 BPM

Section 1: TOE STRUTS FORWARD x 2, SIDE ROCK, RECOVER, CROSS SHUFFLE

1,2,3,4 Forward toe strut on R, forward toe strut on L

5,6,7&8 Rock on R to side, recover onto L, shuffle across to left on R,L,R

Section 2: ROCK, 1/4 TURN, SHUFFLE FORWARD, TOE, HEEL, TRIPLE

9,10 Rock on L to side, recover onto R making a quarter turn right

11&12 Shuffle forward on L,R,L (now facing 3 o'clock)

13,14 Touch R toe pointing in towards L, tap R heel pointing forward

15&16 Triple in place R,L,R

Section 3: TOE, HEEL, TRIPLE, OUT-OUT-IN-IN

17,18 Touch L toe pointing in towards R, tap L heel pointing forward

19&20 Triple in place L,R,L

21,22,23,24 Step R out to side, step L out to side, step R in place, step L in place next to R

Section 4: HEELS SWITCH, ROCKING CHAIR, 1/2 PIVOT TURN

25&26& Tap R heel forward, step on R in place, tap L heel forward, step on L in place

27,28 Rock forward on R, recover onto L 29,30 Rock back on R, recover onto L

31,32 Step R forward, pivot half turn over left shoulder, weight now on L (facing 9 o'clock)

START AGAIN